

# the Westerly

FREE monthly community magazine for Massey to Hobsonville Point

Property market report  
Free Outdoor Entertainment

- People & places
- Home & garden
- Community notices
- Food & beverage

Peko Peko Japanese Restaurant

Circulation is 10,000 print copies.

Editorial contributions are free from cost. Advertising starts at \$85 plus gst for a business card size.

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February 2021



## Greetings

In the past twenty years, the steady growth of online social media has gradually allowed data about individuals to seep into the control of outsiders. Social media has become an inseparable part of our lives. People from all parts of the planet can communicate ideas and information (with varying degrees of accuracy) at great speed in a way never before possible. But at what cost to an individual's personal privacy? Being able to keep in touch with friends and family across the world is wonderful, especially over this past year.

The downside of our internet 'freedom' has been that personal details and preferences which we would previously have kept to ourselves, may be available to anyone through social media sites. When you notice that the advertisements on your social media site start to reflect your own likes, suspect that a computer is following you! Companies have used psychological profiling without consent to try to influence political campaigns. When online purchases are made, we usually have to provide "required" information to do so. Our hope is that this data is kept confidential, but we know that breaches do occur. Your personal data is yours, it is valuable and you should treat it that way. Every step you take to protect your privacy is a step in the right direction, and you can find online help to reduce your exposure.

In this month's Westerly are the freely available ideas and information about what's happening locally. Hopefully you will find something for all the whanau, from trampoline classes for all ages of children to free outdoor family fun at NorthWest Shopping Centre and to retirement living opportunities. Read our feature article on the journey from a humble food truck to the success that is the Peko Peko restaurant. See details about the many other eateries and wineries on hand locally.

Graham's market report demonstrates the effect of lack of supply and high demand on local property prices. Seek out the many sources of ideas for your house and garden. Our contributors have so many suggestions for planning the summer and the year ahead. Take your time and dip into the magazine, then come back to it. There is so much to choose from. Please let our advertisers know where you read about them.

Welcome to 2021, a New Year, and greater opportunities to contribute to our community.

John, editor



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COVER PHOTO: Aki - Peko Peko Japanese Restaurant

PRINT RUN: 10,000 copies, Treehouse Print

EMAIL DATABASE: Sublime NZ

DISCLAIMER: Articles published are submitted by individual entities and should not be taken as reflecting the editorial views of this magazine or the publishers of the Westerly Limited.

Articles are not to be re-published unless written consent is granted from the publisher (Graham McIntyre).

# People & Places

## Peko Peko Japanese Restaurant

What makes the Peko Peko offer memorable?

Since we started in our humble food truck in 2014 in West Harbour, our focus has always been to provide healthy, authentic Japanese food for the neighbourhood. We use local produce as much as we can and cook all our food and sauces from scratch. Our menu always has a home style focus and owners Kazu - the Master Chef - and Aki spend many weeks perfecting every dish to make sure we keep our goal of healthy food at a reasonable price.

What customer experience can the public expect?

We are a husband and wife team with a 9-year son; family is important to us and we are passionate about making our atmosphere warm, inviting and suitable for the whole family. We have a long-standing relationship with many of our customers who have followed us from our food truck to the opening of our full-scale restaurant in 2019. Our customers are our family. We believe bringing good hospitality (O-mo-te-na-shi in Japanese) to welcome our customers in a comfortable dining environment is one of our favourite parts of owning a food business.

What testimonials come in from customers?

The best testimonials we have ever received was when we took a break between selling our food truck and building the new restaurant. It was a very tough job and it took a long time, but throughout the year we would get messages from all kinds of people asking us when we were going to open again and that they missed our food dearly. Many of them were there on opening week to order again and that means a lot to us. We have grown our customer base since then and we have so many regulars who come in each week for lunch or dinner and that is the best we could ask for.

In your opinion why do customers engage and why do you get such positive feedback?

We have always been very open with our story and why we do what we do. Everyone knows the great effort Kazu and I and our team put into our food, our restaurant and we are always trying to perfect what we offer. Having takeaway or dine in options with more focus on healthier eating is important to Kiwis these days and they know when they come to Peko Peko either for a quick grab sushi box or for a Japanese beer and Katsu with a friend that they are going to



get the same service and the same home style cooking.

What makes your customers passionate about what you do?

We cater for a very wide range of people. Many of our dishes can be made gluten free or dairy free, we had a great vegan offering and we also cater for our smallest customers with a kid's menu. We also have a full circle goal of minimising on waste. The off cuts from our handmade salad are used to make our vege broth, we use a local compost company and our takeaway containers are recyclable.

We also understand the many different needs of life, people are busy so we make sure we have quick options like sushi and bao buns at lunch time. We know for families it can be stressful to take children out to dinner, so we have lots of toys and books and little meals they can enjoy.

We want everyone to enjoy Peko Peko as much as we do.

What's your favorite thing that happens within the Peko Peko environment?

Meeting new people, trialing new dishes and having fun with what we do.

We are now fully licensed and offer Japanese beers and sake, as well as New Zealand wines to go with our newly created dine-in menu.

We are located on 102C Hobsonville Road, open Tuesday to Sunday, Lunch 11:30am - 2pm Dinner 4:30pm - 8:30pm. We have a Takeaway menu and some quick grab lunch items for those on the go. Please follow our Facebook and Instagram page and you can call us on 09 416 1197 to book your table or place your takeaway order for pick up.




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# Community News

## Looking for a special gift for a loved one?

Support local and give a creative and unique artsy present by artist Anna Mollekin.

Be original and choose from the high-quality art prints, beautiful homeware and stylish clothing range. These are available for purchase on Anna Mollekin Art online shop with free delivery New Zealand wide.

Anna is a contemporary New Zealand artist based in Hobsonville, Auckland. She works predominately in ink pen and digital mediums. "I am a proud Kiwi and am inspired by our beautiful country, exploring themes of New Zealand, beaches, flora and fauna."

Anna Mollekin Art proudly supports New Zealand businesses and print production, with a lot of her quality art products being printed right here with love, on-demand in New Zealand.

Explore Anna Mollekin's art collections with ease online now: [www.annamollekin.com](http://www.annamollekin.com)

Instagram: [www.instagram.com/annamollekinart](http://www.instagram.com/annamollekinart)

Facebook: [www.facebook.com/annamollekinart](http://www.facebook.com/annamollekinart)



## The Mobile Car Specialists

Welcome to 2021 - fingers crossed for a smoother ride this year!

Plenty of cars are being bought, sold and driven all over the country. With these activities comes unwanted panel dents, scratched paintwork, sunscreen marks and "ahh bugger!" moments - which we can help you with.

Our services include: Dent removal - small to large. High quality paint correction / cut, polish & wax. Ceramic coating paint protection.



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Contact us on 0800 20 30 20 for a quote, or visit [www.TMCS.co.nz](http://www.TMCS.co.nz) to see our work and 5 star reviews.

## Hobsonville fairy houses

North Shore resident Perry Bernard bundled family into the car on Christmas Eve in search of the rumoured Fairy Houses that have appeared in a Hobsonville reserve. These local residents marked the spot with a brilliant lighting decoration.



## Free outdoor entertainment

Make the most of warm summer days at NorthWest Shopping Centre. Check out the NorthWest Summer Series where there is plenty of free outdoor family fun. Park on the ground level and walk straight through the shopping centre. For more information visit [northwestshoppingcentre.co.nz](http://northwestshoppingcentre.co.nz)

Meet your Everyday Heroes - Saturday 13 February, 10am-2pm.

A chance to acknowledge and meet your local heroes. Held outdoors in the NorthWest Town Square, New Zealand Police, New Zealand Defence Force, St John, Fire and Emergency New Zealand and Coastguard New Zealand will be on site, parked up in their emergency vehicles. There will be plenty of demonstrations along with live music and a Community and Volunteer Expo directly in front of Te Manawa library. A great day out for all the family.

Free Movies in the square;

Frozen II - Friday 19 February, 7:30pm

Frozen II follows Elsa, Anna, Olaf, Kristoff, and Sven as they journey to an enchanted forest to save their kingdom from a curse involving the elemental spirits of water, wind, fire, and earth. This movie will be shown on the giant outdoor movie screen in the NorthWest Town Square. Bring the family, pack a blanket and settle in for a night to remember. The Centre closes at 6pm, but Maki Street restaurants open late.

Trolls World Tour - Friday 26 February, 7:30pm



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# Community News

Poppy and Branch discover that there are six different troll tribes. Each tribe is also devoted to six different kinds of music: funk, country, techno, classical, pop and rock. Poppy and Branch embark on a daring mission to unite the trolls and save diverse music from becoming extinct. Shown on the giant outdoor movie screen in the NorthWest Town Square. Bring the family, pack a blanket and snuggle in amongst the beanbags. The Centre closes at 6pm, but Maki Street restaurants open late.

## Indoor Bowls

Starting on 10 February we are pleased to announce Social Indoor Bowls will be running at Sunderland Lounge (Te Rere) 27 Hudson Bay Road, Hobsonville, the Auckland Council-owned community facility managed by Hobsonville Community Trust. This will happen on Wednesdays from 1.30 - 3.30pm. No experience is required and this is open to all ages. The cost will be \$3 per session. Let's have some fun. Hope to see you there. [hobsonville.org.nz/community-facilities](http://hobsonville.org.nz/community-facilities).

## New Composting Hub

Kaipātiki Project, a local environmental organisation, opened a Community Composting Hub at their Engine Bay Nursery site in Hobsonville Point.

The Composting Hub can take food scraps from around 100 household and local business and turn them into living compost to go back into the soil to grow nutrient dense food. This amounts to 8 tonnes of food waste per year. Local community hubs like this have the potential to provide a real alternative to sending our food waste to landfill.



The hub only takes Bokashi food scraps, because this is the easiest non-smelly way to manage food scraps at home. Before you can join the hub, you need to complete a free Bokashi workshop. Contact Hub coordinator Judith Rosamund at [gardenhub@kaipatiki.org.nz](mailto:gardenhub@kaipatiki.org.nz) or visit [CompostCollective.org.nz](http://CompostCollective.org.nz) to find a course near you.

There is an increasing awareness of the need to find alternatives to sending food scraps to landfill where it does not compost but instead produces greenhouse gases and leachate. Not only is this problematic in a landfill but it is a wasted resource. By taking our food scraps out of the waste stream and composting it, we can return the carbon to the soil and recover the minerals to grow more

food. The more locally we can do this, the less fossil fuels we burn in transporting and handling waste.

Thanks to many passionate volunteers and a generous support by Upper Harbour Local Board, Four Winds Foundation, Compost Collective and Carbon Cycle for making it happen. Get involved or find out more about Composting Hub in Hobsonville Point, by contacting Judith Rosamund as above. You can visit Kaipātiki Project's Open Day in 20 March at Bomb Point Drive, Hobsonville Point. Search for "The Soil Story by Kiss the Ground" on YouTube to learn about the soil, composting and the carbon balance.

There is no such thing as food waste...only wasted resources.

## Hobsonville Point Diwali

Great things happen when good people come together. And then, magic happens. As it did at Hobsonville Point Diwali #BlingOnPoint festival in November at Sunderland Lounge.



Every year, the Hobsonville Point Diwali Festival attracts large crowds of all ages and backgrounds. The popular attractions are the yummy Indian street food offerings, and multi-cultural mix of performers with different themes each year to spread the light of goodness in the hood. Plus, this year there were shopping kiosks, kids' activity corner, a photo booth, henna and a chai stall.

Diwali, aka the Festival of Lights, is the biggest, most auspicious and widely celebrated of all Indian festivals. It is signified by a week of festivities in temples, homes, businesses in cities worldwide. It is also New Year's Eve, as the next day is the start of the Hindu New Year. Hobsonville Diwali Festival #BlingOnPoint has become an iconic annual event on the community calendar, where locals and visitors out of Hobsonville come together to celebrate diversity, talent and culture and create joy for young and old.

# NSS

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# In Brief Updates

## House of Travel Hobsonville

House of Travel Hobsonville is 100% Kiwi owned and operated and we're proud to have supported our local communities for over 30 years. We've kept our doors open through the biggest challenges our industry has ever seen which gives our clients confidence knowing we are still open, available and eager to help plan and book their next journey.

Like many of you, we've been 'stay-dreaming' about all the amazing places we'll explore when it's safe to venture out - first at home, then Raro, across the ditch and later further afield.

As New Zealanders we're lucky that there's no better place to live or to explore, than the place we call home.

We're in the process of creating Holidays@Home, a collection of our favourite New Zealand travel experiences, incredible deals and our owner operators will share their best kept hometown secrets and hidden gems. Whether it's skiing in the Southern Alps, star gazing from your private glass roofed skybed, hitting the road, kayaking the Abel Tasman, indulging in amazing gourmet experiences or something off the beaten track; New Zealand offers an abundance of unique adventures and cultural experiences.

Whatever 'your' perfect Holiday@Home is, we can make it happen. Now is the time to discover the best Aotearoa has to offer. If not now, when?

When travel is allowed to Australia and beyond please give us an opportunity to show you what a difference a locally owned, Kiwi Travel company can make. #supportlocal.

Mike (Buzz) Thomson and the team at House of Travel Hobsonville



09 416 0700 Hobsonville@hot.co.nz 225 Hobsonville Point Road.

## Prada Cup & America's Cup spectator package

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Helloworld Hobsonville is TAAZ Bonded for your protection.



## Ready for 2021? We are!

Dance24seven is already gearing up for what will be an exceptional year with our intensives starting on the 18th of January and classes back in early February. Our team is super excited to see our dancers after their holidays and welcome new members to the D24/7 Family.

After an exceptional year (despite Covid) our dancers are keen to build on their success which included dancers gaining top marks in Australasia, NZAMD scholarships and sold out shows. But the driving force behind Dance24seven isn't the amazing results, it is our passion for dance. At Dance24seven we believe everyone can achieve and dance is one of the easiest ways to connect. Whether it is Tap, Ballet, Hip Hop, Contemporary, Jazz or Acro or even Adult classes, dance is the key.

So as you plan your next adventure for 2021, check out Dance24seven and see what we have to offer for all ages.



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# In Brief Updates

Dance24Seven Ltd - Unit 1/12 Kawakawa Place, Whenuapai. Phone 09 218 5700 - [www.dance247.co.nz](http://www.dance247.co.nz).

## What are your goals for 2021?

Many people start the New Year with various goals they want to achieve. We often start the year off with good intentions, but then our goals tend to slip as life moves on and we get back into a normal routine.

Goal setting is part of our daily lives. By setting ourselves small easily achievable goals on a daily basis, this will help us to successfully achieve the larger goals we have in life such as stop smoking, weight loss, saving money for a holiday.

In order to create a goal, we can use the SMART Goal Setting Guide:

S - Specific

M - Measurable

A - Attainable

R - Realistic/Relevant

T - Time- Based

It is important to have a specific goal, identify specific targets you want to achieve at different stages, make sure your goal is achievable, otherwise you may struggle with success. Make sure the goal is realistic and relevant to you and put a time frame on it, as this will help you to continue towards success.

Astramana™ Healing Services can help you achieve your goals. We can't do it for you, as only you can, but we can help you through the various services we offer. We offer hypnosis, energy healing workshops or just one on one motivational support or tarot reading.

Astramana™ Healing Services, was founded by international hypnotist, Reiki Master-Teacher and Clairvoyant & Tarot Reader Jason Mackenzie. Check out our website: [www.astramana.com](http://www.astramana.com) or email [astramana@gmail.com](mailto:astramana@gmail.com) with any questions or to book a session, workshop or a Tarot reading. Let us help you with achieving success with your goals.



## Zero waste innovators get funding boost

Fifty-one community organisations and businesses are receiving a boost in funding from Auckland Council's Waste Management

Innovation Fund (WMIF). Collectively, grant recipients will receive \$649,256 for a range of products designed to promote waste minimisation and reduce waste going to landfill. Their waste management activities are funded through the waste levy.

Te Tāruke-ā-Tāwhiri: Auckland's Climate Plan sets out a path for the region to achieve its climate goals and respond to our changing climate. Projects funded through WMIF will contribute to key actions in the climate plan, including work to develop and support initiatives to minimise construction demolition waste, to manage our resources to deliver a zero-waste, circular economy, and to prevent and reduce waste and maximise the value of surplus food.

"It's encouraging to learn about the common actions so many different groups are doing to reduce the amount of waste they send to landfill. The zero-waste vision is clear from playcentres to youth groups, business associations to construction experts, and marae and community organisations," says Parul Sood, General Manager Waste Solutions. "The enthusiasm showcases how much Aucklanders care about their environment and how committed they are to preserving it for future generations."

## New Year, new adventures

The Scouting year is up and running again with a lot of events happening all over the Waitoru Zone.

Scouts is not just an organisation that meets up once a week to do knots, we are very much a community focused organisation as well. We help with all sorts of community events from tree planting to car parking duties. Research has shown a lot of youth that are involved in community organisations such as Scouts tend to continue to support the community later in life, such as volunteer firemen, coastguard volunteers and other organisations in the community.

2021 is a big year for Scouts. We see a brand-new youth programme being introduced across the country. The new programme is youth led and adult supported. What this means is the youth get to decide a lot more what they want to learn and get involved with. Some youth may have a bright idea and suggest they want to go to the moon and the Kaiārahi (Leaders) help them to achieve this, in this instance it may be helping them plan a trip to the Stardome so they can look at the moon through a telescope or somewhere fitting within their ideas and adventures.

The use of technology is now very much part of the youth's lives,



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2 Clark Road, Hobsonville, Auckland

# In Brief Updates

as we saw during Covid lockdowns, Scouts were one of the first youth organisations to introduce home-based online programmes to keep the youth engaged, this will continue with the introduction of Scouts TV (a weekly youtube programme for youth) and a digital portal for youths to communicate, complete badge work and share ideas with other Scouts local and nationally.

Scouts has come a long way from supporting soldiers on the front line, to outgoing and confident members of the community. Scouts is an adventure for all ages, not just the youth but adults often become more confident while they share the adventure and learn new skills.

What to know more about Scouts or becoming a Leader? Then visit [www.scouts.nz](http://www.scouts.nz), or email me: [zl.waitoru@zone.scouts.nz](mailto:zl.waitoru@zone.scouts.nz) Craig Paltridge - Waitoru Zone Leader.

## Karate is for everybody

Taupaki Dojo is a long established family friendly place for children and adults to learn traditional Goju Ryu Karate.

Our style of Karate can be practised by anyone, regardless of gender, age or physical condition and no previous proficiency in sport is needed, rather a commitment and desire to progress. We learn together - without judgement, focusing on individual achievement so everyone gets to participate and feel good. Students get plenty of encouragement and you can take it slowly and build up as you become more confident in your abilities and your body gets stronger.



Emphasis is placed on learning practical self defence skills, building strength, co-ordination, endurance and flexibility which will drastically improve your fitness and confidence levels. Students also learn perseverance and resilience. Not just taking a physical hit but coping with a disappointment in real life then GETTING BACK UP!

We are a very friendly Dojo and welcome everyone from the complete novice to those who want to get back into karate after a break from training. Our fees are low to encourage continued participation and there is a two week free trial.

Now that you've read some reasons why you should join us it's time to get started. Drop us an email, call, message us on Facebook or visit our website if you want some more information. Or simply come and join in!



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P O Box 45 Waimauku 0842, Auckland , New Zealand

Adult classes have started for the year and junior classes start on Tuesday 9 February. Taupaki Hall (Opposite Harry James Reserve, Taupaki Road, Taupaki). Tuesday & Thursday - Juniors (7+) - 6-7pm. Adults (13 +) - 7-8.30pm. Email [julia@bwainsolvency.co.nz](mailto:julia@bwainsolvency.co.nz), phone 09 412 9768 or visit [www.taupakikarate.co.nz](http://www.taupakikarate.co.nz).

## Summerset

At Summerset you can enjoy retirement living with panoramic sea views. We have two open days coming up in February. On Sunday 14 February between 10am and 3pm we will be open to visitors, and to celebrate Valentine's Day you can be entertained by the Silver and Strings Duo singing between 1pm and 3pm, with canapés and beverages. We have a further open day in Sunday 21 February, also from 10am to 3pm. No need to let us know you are coming. The brand new villas, apartments and serviced apartments offer the experience of luxury living in the thriving Hobsonville community. Our homes are warm, modern, finished to the highest standard and are now available for you to make your own. Our range of indoor and outdoor facilities means you'll always have something to do, no matter what the weather. And, if you're keen to get involved, our on-site Activities Coordinator will make sure there's always a calendar of events and activities to keep you entertained. For our Village Café and in-house catering, White Tie offers contemporary food menus prepared on site with wholesome, seasonal, fresh, locally grown produce. Set on the water's edge with 270 degree views over the water and only a 20 minute drive to the CBD, Summerset at Monterey Park lets you enjoy the very best this unique location has to offer. For details about sales etc., give Wendy a call on 09 951 8922. 1 Squadron Drive, Hobsonville.



## Seniornet West Auckland

SeniorNet is all about seniors helping seniors with their computers, iPads, phones, laptops, both Apple and android. We have a Help Day on the second and fourth Tuesday of the month, 10 am to 11am, at our rooms upstairs in the Henderson RSA, 66-70 Railside Avenue, Henderson, just opposite the railway station. We do charge \$5.00 for any help given. The 9th and the 23rd of February are our next two days. If you have been lucky enough to receive a new computer, or phone etc., and would like some help on a one-on-one basis please call in and see us, we would be only too happy to help.

If you would like to phone us we are on 09 8317600. Although we

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# In Brief Updates

are not always in the office we do monitor our calls and will ring you back as soon as possible. If you wish to join SeniorNet you can get an enrolment form from our web page and pay on line, or call in on the Help Days, fees are the same as last year \$25 per single person and \$45 for a couple. This will keep you updated on what SeniorNet is doing both locally and nationally. We have a meeting in the Kelston Community Centre, cnr Awaroa Road, Kelston, on the 3rd Tuesday of the month, with a guest speaker followed by morning tea. The meeting starts at 10am and entry is by a \$2.00 raffle ticket which could win you one of 3 prizes. All welcome - you do not have to be a member to attend.

## Flippin' Fun has a class to suit you

With the holidays gone and a long school term ahead, it's time to look after yourself. Flippin' Fun Trampoline Park has a variety of classes for personal improvement, up-skilling or just plain fun for you and your little ones.



Of course it's not just in normal bounce sessions when you can experience the benefits of trampolining. We have a range of skills and activity classes to suit you and your schedule. Check these out for Term 1.

Flip Fit Classes - if recent unpredictable weather has kept you from the beach, it's time reclaim that beach bod with the prospect of better weather ahead.

Flip Classes - fly with the best. For age 8 yrs+. Learn new tricks to impress your friends.

Private Flip Class - one-on-one instruction with a qualified instructor accelerates your child's skills learning

Junior Flippers - a fundamental movements programme for kids aged 5 -7 yrs teaching skills core to many sports.

Little Flippers - a super fun toddler session for the 5 & unders - without the older kids.

For pricing and times be sure to check [www.flippinfun.co.nz](http://www.flippinfun.co.nz) or call us on 09 833 6880.

## Waitakere Grey Power

Your Committee has had a good restful holiday break and we hope that all our members and Westerly readers have enjoyed the break.

Also to advise you that our Waitakere Grey Power Office at 247 Edmonton Rd, Te Atatu South is open on Monday to Friday 9.00am to 12.00pm. Our office is manned by volunteers and overseen by Peter Harvey our Office Manager and member of our Committee. If you feel like joining Waitakere Grey Power, call into our Office at any time during the week when our office is open; you are welcome to pop in. Our first General Members Meeting will be held at the Te Atatu South Community Centre (247 Edmonton Road, Te Atatu South) on Thursday 17th March 2021 at 1.30pm. Our Guest Speaker will be Professor Boyd Swinburn, Professor of Nutrition at Auckland University. Boyd will speak on all aspects of nutrition for the over 50s. So please come and support your Committee and we look forward to seeing you there. Refreshments will be served at the conclusion of the meeting. Yours Sincerely, Mate Marinovich, President.

## Dedicated spaces reduce cycling risk for children

More education and dedicated safe spaces for children learning to cycle are needed to better prepare them for urban environments, according to Auckland school principals. According to latest statistics, cyclists make up around 9% of serious injuries on Auckland roads each year and have a higher risk of injury than pedestrians and vehicle occupants. Under new government proposals, it may become legal for children under the age of 16 to ride on the footpath.



Hobsonville Point Primary School principal, Daniel Birch says our children are at risk particularly during rush hour traffic and cycling on footpaths can be hazardous as well.

"A generation ago cycling to school was the norm but fears around urban traffic congestion, a lack of cycle pathways has seen children take to the footpath in an attempt to stay safe. While we welcome the benefits for both children's health and fitness along with the environment, we need to be mindful that cycling, just like driving, needs to come with a set of road safety instructions and training.

In today's climate, we need to look at safer ways for bikes to be utilised. It should be possible for pedestrians and bikes to share the footpath - if it means a safer commute for our children. The children's solution was an all-weather bike track around the school's playing fields and it really struck a chord with me," he says.

The principal turned to local charities such as social enterprise



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# In Brief Updates

The Trusts to bring the 300m track to fruition. Along with the development of the track, Bikes in Schools, NZ Police, Auckland Transport and school staff run education programmes for the students which cover safety, cycling laws and regulations as well bike maintenance.

Allan Pollard CEO of The Trusts says their data shows a growing number of schools approaching them for funding for playground and sporting equipment and donations in recent years.

## Possum bonanza at Scott Point

A group of Scott Point residents have recently formed a trapping team to begin predator control around the edges of their new residential neighbourhood.



Following reports of rats and possum in the area last year the Upper Harbour Local Board asked Habitat Hobsonville, an established trapping and restoration group at Hobsonville Point, to create a trapping team at Scott Point. A group of volunteers who had responded to a mail drop, were trained in using traps safely and humanely. The youngest volunteer was 12 and the oldest was 69. Led by Dorian Scott and Neil Henderson, seven traplines were set up and allocated to the new volunteers. Trapping was carried out for 5 weeks prior to Christmas.

The results were astounding. Over 25 possum and 12 rats were caught. Residents who had complained of their fruit trees being stripped suddenly found it had stopped. "At last I can grow strawberries outside" said one resident.

The new group will continue trapping as part of Habitat Hobsonville and are keen to move into other restoration activities such as planting and weeding as the predator numbers drop. A large planting event is planned for June along the esplanade coastal walkway.

The activities of the volunteers, supported by Habitat Hobsonville, Kaipatiki Project, Auckland Council and The Upper Harbour Local Board, will gradually transform Scott Point to a vibrant natural habitat with native birds returning to the seashore and bush edges. If you want to volunteer contact [habitat@hobsonville.co.nz](mailto:habitat@hobsonville.co.nz).

## Massey Birdwood Settlers Association

At the annual general meeting of the Association, long serving

Treasurer, and former Secretary and President, Brian Lay stepped down from the executive after 42 years of service.

With only five years to go before the Association celebrates 100 years of service as a resident and ratepayers' group for Massey residents, Ershad Ali was re-elected President, Colin Tucker vice President, John Riddell Secretary, Olga Mills Treasurer, and making up the committee, Allen Davies, Warren Flaunty, Craig Andrew, Keith Hammett, June Lay and Lance Thomas.

The Massey Birdwood Settlers Association Inc, meets monthly on a Thursday night at 7.30pm, in the Den, a side room of the Massey Birdwood Settlers Hall that is carpeted, with its own kitchenette and toilet facilities. The room holds up to 25 people comfortably and is used by a scrap book making class monthly on Friday nights, the Wine Circle monthly on the third Thursday of the month, the English Language Partners and a Sunday School.

For further information on the use of the room contact the Secretary, John Riddell, email [masseybirdwood@gmail.com](mailto:masseybirdwood@gmail.com) or visit the website [www.masseybirdwoodsettlers.org](http://www.masseybirdwoodsettlers.org).

## Discovering new expressions of spirituality

What are the values that contribute to individual and community wellbeing? This is the question that a new expression of church, "Discoverers" pioneered by Methodists, will be focusing on in Hobsonville Point. The new group begins 3-30pm Sunday 28 February 2021. The monthly programme will be held in the



Baffin Lounge at the Headquarters Building, 214 Buckley Avenue.

Each programme will be family focused, involving activities in which all ages can participate. Activities will aim to encourage an expression of church in Hobsonville Point that is inclusive, life-centred, world affirming and contributing to the wellbeing of the community.

The Baffin Lounge has comfortable chairs and sofas, and tables around which people can sit when engaged in 'hands-on' activities. These activities will enable all ages to creatively participate together. Each programme lasts about one hour, and afternoon tea will be provided.

Expressions of interest and enquires are welcomed by Barry Jones. Phone: 022 068 3873.

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# In Brief Updates

## Catalina Bay Farmers Market

Catalina Bay Farmers Market is an artisan market selling seasonal produce, handcrafted bread, a top of the range butchery, award-winning cheese, flowers, coffee and more. Open Friday through Sunday, 8:30am to 2:00pm. Stay for a coffee and have a bite to eat from the variety of food vendors, buy your fresh produce for the week or just browse the unique handmade items on sale.



Our popular night market returns in the new year on Thursday February 18th 5.00pm to 9.00pm. A collaboration with Food Truck Collective, the market will feature a wide range of some of Auckland's favourite street food vendors, live music, and additional stall holders selling beautifully crafted gifts.

The market will also be hosting its first Eco/Wellness event on Saturday February 27th from 8.30am until 2.00pm. Come along and browse through the various vendors from food & beverage, health & wellness, as well beauty and personal care.

## Te Manawa

At Auckland Libraries at Te Manawa (11 Kohuhu Lane, Massey) our usual pre-school programmes will start again from the week starting 9 February.

Wriggle and Rhyme for babies on Tuesdays Session 1 at 9.30am and Session 2 at 11am.

Storytimes (recommended for children aged 3 years and over) on Wednesday at 10.30am, and Rhyme Time (recommended for children aged 18 months and over) on Friday at 10.30am.

Starting in March our BARK sessions will start again on the first Saturday of the month at 10.30am. These are dog sessions with a dog story and interacting with the dogs, provided by BARK NZ, New Zealand's only registered charity dedicated to supporting our communities by providing education to children on how to be safe around, and have positive experiences with, dogs. Owning and being around dogs has so many wonderful benefits and with the right knowledge, understanding and tools it can be a safe and



positive experience for all.

For more details, see the Te Manawa page on Facebook.

## We are lucky in New Zealand

I recently visited some friends who live in a smallish rest home. One lady is a hundred and one years old and looks wonderful. While chatting as a group about different topics, including the world situation with Covid, someone remarked that we are all blessed to live in New Zealand. She's right, we



are. Of course everything isn't perfect, but I am very grateful to live here. I grew up in England, only immigrating to New Zealand in my twenties. I still have family and friends in the UK and Europe, and worry about them in the current circumstances. But for my friends in the rest home, they enjoy the care and love from the caregivers, appreciate good food, and are grateful to be able to receive visitors. Some enjoy knitting, word search puzzles, jigsaw puzzles, colouring-in, and listening to the music they enjoyed in their youth. If you are looking for activity ideas see our website [www.mindjig.co.nz](http://www.mindjig.co.nz) or call me, Jonathan, on 09 600 3251 or call/text 022 480 3022.

## Hobsonville New World

The thriving community of Hobsonville are getting an early Christmas present, their very own New World. The brand-new store, which is conveniently located on Hobsonville Road opened on schedule on Tuesday, 17th November.



Lindsay Rowles General Manager of Membership and Property at Foodstuffs North Island says "We're incredibly proud to be bringing New World to Hobsonville and especially delighted the store opened on time. COVID-19 could have easily set us back, but we were absolutely determined we would be open in good time for Christmas. The team has worked extremely hard to meet condensed timeframes with no compromises - and the result is a New World store that's designed to meet the growing needs of this thriving new community."

New World stores are 100% New Zealand owned and operated and store owners and their teams have the flexibility to cater to the



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# In Brief Updates

specific needs of the locality. Hobsonville owner operator Simone Forde is looking forward to meeting customers and sharing what the brand-new store has to offer, "Providing great value, amazing fresh food and excellent customer service will be top priority for our 80 strong team. Hobsonville is a busy and diverse community, so we've put a lot of thought into making sure we have everything right here and ready to go, whatever the need or occasion."

The highly skilled team include experts in fresh foods including produce, butchery, bakery, seafood and deli "our team can't wait to show customers what we're capable of, we're all about providing the ingredients, inspiration and expertise for some awesome kiwi experiences over the upcoming festive season." adds Simone.

Another important consideration for the New World Hobsonville team is making sure customers have sustainable options. Customers will be able to bring their own containers to the butchery, seafood, delicatessen and bakery serve overs and the car park will have a charging station for electric vehicles.

Other sustainable features include the LED lighting and CO2 refrigeration system in-store.

New World Hobsonville's located at 120 Hobsonville Road and is open every day from 7am-10pm. For the latest information check out the stores Facebook page @NewWorldHobsonville.

## OneDaysGrace celebrates 20 years making rosaries

Hi - I'm Deborah. My sister Kati and I own OneDaysGrace, making traditional & contemporary Catholic and Anglican rosaries and prayer beads. For 20 years our small Auckland business has been making rosaries, chaplets and faith jewellery, available to you online at [www.onedaysgrace.co.nz](http://www.onedaysgrace.co.nz).

We also make renaissance style paternosters, prayer beads for 12



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## Gym Zone

Has your child ever thought about doing gymnastics, tumbling or parkour? 2021 is the year to give it a go. At Gym Zone at we teach all these disciplines and more. You can select from our structured term base classes or have a go at our new Free Play casual weekend sessions. See our timetable online to check out all the options.

Our helpful staff will be more than happy to discuss term options that might suit your child. If space is available, we can offer you a trial class to have a go. From beginners to competitive gymnasts, we have a class that can suit.

Gym Zone is also a great place to host your next birthday party. We have both self-cater and fully catered options for you. <https://gymkids.co.nz/birthday-parties>

Gym Zone - Where movement begins. 4 Workspace Drive, Hobsonville. Read more at [www.gymzone.co.nz](http://www.gymzone.co.nz).

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# Safer Communities



Waitakere Fire Brigade hopes you all had a Merry Christmas a happy New Year and a great summer break.

We all worked hard in 2020 to ensure we could have a COVID-19 free country and we are reaping the benefits.

Last summer, wildfires destroyed over 10,000 hectares of native bird habitat.

Three of our most loved native birds have been chosen as the stars of our summer

wildfire campaign. They will help us to remind people that a wrong decision can not only endanger life and property, but also our environment and the creatures that call it home. It can take native bush hundreds of years to completely recover from a fire. Working closely with Department of Conservation, we selected our kiwi, tui, and pīwakawaka (fantail) as ambassadors because they are part of our national identity and represent the threat of destruction of habitats by wildfire throughout New Zealand.

The new educational website [Can I light a fire? | Fire and Emergency New Zealand \(checkitsalright.nz\)](http://Can I light a fire? | Fire and Emergency New Zealand (checkitsalright.nz)) will walk you through the process of determining if you need a fire permit.

It also has a great information on how to assess the risk, reduce the risk, and if you need a fire permit you can apply from the site.

Also don't forget to install smoke alarms in your house because when you're asleep, you lose your sense of smell. Do not assume your smoke alarms are working. Press the button to check.

Keep safe



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# Property

## Property market report

Constrained supply of houses causes a jump in new home consents. Nationally, the number of new homes consented in the year to November 2020 was 38,624, up +4.2% from 2019. The national annual total is the highest since July 1974, when 38,904 new homes were consented.

"Auckland, Hawke's Bay, and Taranaki had record levels of new homes consented in the November 2020 year. These consents are an intention to build, and most home construction is completed within a year or two after a consent is granted, though COVID-19 may have caused delays for some projects.

The peak is being driven by strong consents for townhouses and stand-alone houses, with weak levels for apartments and retirement accommodation.

In Auckland City, consents are up +55% above the year-ago levels. The Unitary Plan seems to be doing its job, with both areas on the urban/rural boundaries being developed faster (with both Manuwera and the Henderson/Massey regions seeing massive increases), and more density in areas like central Waitemata, Ōrakei, and Maungakiekie-Tāmaki seeing very strong increases.

For the full twelve months to November, 16,293 consents were issued in Auckland compared with 14,866 in the prior year. This is a 10% increase, despite the pandemic interruptions.

A look around the development sites provides a picture of demand outstripping supply in all areas of the land and housing sector and one that continues to struggle to find a median that satisfies both audiences.

The number of houses sold nationally in December was up 42% from the same month in 2019, reaching 8935.

But Real Estate Institute of New Zealand claims there was a "lack of choice" in real estate markets nationwide at the end of 2020, resulting in sharply rising prices.

Nationally, prices were up +19.3% compared to the same month a year ago, but the median price was up \$4000 to \$749,000 from November to December, only a 0.5% rise.

In Auckland, 3219 houses were sold in December, up from just 1932 in 2019.

Additionally, Auckland's median house price increased by 17.4% from \$886,000 at the same time last year to \$1,040,000 a new record high, and the fifth consecutive month where Auckland has seen a new record median house price.

Auckland central city area remains New Zealand's most expensive district in the country with December seeing these suburbs reach a new record median house price of \$1,280,000 - hovering extremely close to the \$1.3 million mark. Not far behind, was North Shore on \$1,235,000 and Rodney district on \$1,005,000 showing how

unaffordable the Auckland region is becoming - especially for first home buyers. The only district in Auckland now with a median under the \$800,000 mark is Franklin district with a median of \$790,000.

New Zealand house prices rose at an average of \$332 per day in 2020. They rose at a slower rate in December, gaining a more modest \$129 per day during December at the median level.

With a lack of supply and high property demand this continues to highlight the importance of working closely with a professional and effective real estate agent that can manage the progression of change and understands the most effective process to engage buyers with a view to achieving the best outcome, both financially and mentally. Too many buyers and sellers are frustrated by the lack of transparency afforded them in this market, something that I am working hard to ensure all parties are educated and supported.

Recent sales values are:

Herald Island	\$935,000 to \$1,821,000
Hobsonville	\$585,000 to \$1,610,000
Massey	\$642,500 to \$1,390,000
Swanson	\$805,000 to \$1,550,000
Waitakere	\$795,000 to \$1,290,000
Waitakere Lifestyle	\$1,400,000 to \$2,100,000
West Harbour	\$680,000 to \$1,310,000
Westgate	\$785,000 to \$1,245,000
Whenuapai	\$945,000 to \$1,421,000

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## The dawn of a new trusts era

The new Trusts Act comes into force at the end of January 2021. Trustees now have a clear obligation to tell beneficiaries about the assets and investments contained within a trust. The change in law is based on the current policy view that beneficiaries of a trust are best placed to ensure that the trustees are good custodians of the assets held by them. However, in many cases trust deeds include more than just the children of the settlors as potential beneficiaries. It may include siblings of the settlors and de facto partners of the settlor's children all of whom could have remained blissfully unaware of their potential interest in trust assets up to that point. For this reason, it is often necessary to get legal advice about whether your trust deed is fit for purpose under the new Act. That advice can include taking the necessary steps to confine the beneficiaries of the trust to children and grandchildren and removing the more remote beneficiaries

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# Property

before they become entitled to such information. It is also important to formulate a disclosure letter suitable to show that the trustees have complied with their obligations under the new Act. For further advice and assistance with your trusts feel free to contact Kemp Barristers & Solicitors at [info@kempsolicitors.co.nz](mailto:info@kempsolicitors.co.nz) or 09 412 6000.

## Using Kiwisaver to purchase your first home

If you are a first home buyer and you have been in Kiwisaver for more than 3 years then you may qualify to withdraw funds from your Kiwisaver to help buy your first home. The first thing you need to know is that you must have a contract to purchase in place.

There are two scenarios: You need the funds to pay the Deposit to the Real Estate Agent; and/or you need the funds to pay the balance of the Purchase Price on Settlement Date.

In the first scenario you need to get moving on your application as soon as possible after your offer has been accepted. You will need to download an application pack from your Providers website and fill it out. Part of the application form is swearing a Statutory Declaration - you can do this in front of your Solicitor or a Justice of the Peace.

In the second scenario your solicitor can only send your application to your Kiwisaver Provider after your contract has become unconditional. In this case you could wait until you are unconditional to get your application organised. Just remember your Kiwisaver Provider will usually need 10 business days to process the application so this needs to be organised about three weeks before settlement date.

ClearStone Legal incorporating Kumeu-Huapai Law Centre can assist you in buying your first home. Telephone 09 973 5102 if you have more questions about buying property or using your Kiwisaver.

## Sharing fence costs with your neighbour

The Fencing Notice - By Nathan Tetzlaff.

The Fencing Act 1978 provides that neighbours must each pay half the cost to do work on an adequate fence. This includes building a fence where there isn't one, replacing a damaged fence, or doing repairs. Neighbours can often agree on these matters without further assistance. Any agreement is enforceable and may be registered as

a fencing covenant on the properties' titles.

Even if the neighbour has agreed, a fencing notice should then be handed to them (or be sent to them by registered post) and should include reference to: The boundary to be fenced; The type of fence proposed; Who and how the fence would be constructed; The estimate of costs; and When the work will be done.

The notice should also be clear that your neighbour has 21 days to serve a 'cross notice' or else they will be deemed to have accepted the terms in the fencing notice, including liability to pay the amount proposed.

Smith & Partners, phone 09 837 6844 or email [nathan.tetzlaff@smithpartners.co.nz](mailto:nathan.tetzlaff@smithpartners.co.nz).

## Tile Wright

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# Area Property Stats

Every month Mike Pero Real Estate Hobsonville assembles a comprehensive spreadsheet of all the recent sales in the area that reviews the full range of Residential transactions that have occurred. To receive the full summary simply email the word "full statistics" to hobsonville@mikepero.com. This service is free from cost.

SUBURB	CV \$	LAND AREA	FLOOR AREA	SALE PRICE \$	SUBURB	CV \$	LAND AREA	FLOOR AREA	SALE PRICE \$
HERALD ISLAND	1,475,000	923M2	90M2	1,821,000		660,000	403M2	120M2	812,000
	890,000	835M2	110M2	935,000		990,000	628M2	200M2	1,060,000
HOBSONVILLE	870,000	181M2	128M2	1,075,000		790,000	525M2	148M2	970,000
	1,075,000	270M2	202M2	1,340,000		610,000	1233M2	90M2	800,000
	1,250,000	330M2	253M2	1,341,000		740,000	630M2	100M2	846,500
	1,275,000	338M2	229M2	1,435,000		890,000	350M2	187M2	1,055,000
	860,000	219M2	145M2	940,000		670,000	121M2	87M2	760,000
	1,025,000	233M2	184M2	1,158,888		830,000	625M2	220M2	895,000
	880,000	112M2	140M2	925,000		670,000	622M2	110M2	781,000
	1,150,000	150M2	222M2	1,313,000		555,000	585M2	80M2	725,000
	1,150,000	301M2	221M2	1,380,000		550,000	603M2	80M2	760,000
	980,000	191M2	182M2	1,188,000		810,000	822M2	128M2	951,600
	900,000	158M2	146M2	1,040,000		980,000	607M2	202M2	1,220,000
	710,000	136M2	92M2	801,000		1,050,000	750M2	150M2	1,251,000
	1,325,000	680M2	126m2	1,475,000		1,175,000	809M2	250M2	1,390,000
	1,170,000	809M2	170M2	1,465,000		720,000	810M2	100M2	910,000
	745,000	267M2	105M2	861,000		840,000	675M2	220M2	1,100,000
	720,000	115M2	99M2	770,000		650,000	942M2	90M2	815,000
	1,380,000	450M2	283M2	1,542,000		660,000	632M2	100M2	815,000
	720,000	144M2	91M2	885,000		710,000	812M2	100M2	1,030,000
	810,000	193M2	133M2	950,000		660,000	513M2	90M2	770,000
	1,050,000	450M2	210M2	1,150,000		630,000	809M2	110M2	1,052,000
	1,400,000	386M2	275M2	1,610,000		610,000	675M2	100M2	895,000
	890,000	206M2	150M2	985,000		1,025,000	1012M2	110M2	970,000
	880,000	169M2	177M2	1,010,500		810,000	543M2	196M2	970,000
	1,025,000	281M2	169M2	1,180,000		575,000	468M2	90M2	807,000
	1,270,000	1045M2	190M2	1,250,000		750,000	873M2	110M2	1,112,000
	1,300,000	135M2	263M2	1,500,000		810,000	572M2	185M2	931,000
	930,000	140M2	166M2	965,000		815,000	809M2	130M2	947,500
	1,200,000	301M2	238M2	1,325,000		740,000	794M2	90M2	986,000
	1,050,000	208M2	180M2	1,100,000		1,075,000	903M2	162M2	1,180,000
	830,000	117M2	134M2	869,000		990,000	943M2	120M2	1,002,000
MASSEY	970,000	809M2	230M2	1,090,000		1,050,000	1266M2	209M2	1,050,000

DISCLAIMER: These sales figures have been provided by a third party and although all care is taken to ensure the information is accurate some figures could have been mis-interpreted on compilation. Furthermore these figures are recent sales over the past 30 days from all agents in the area.

Mike Pero's **low** commission rate:

**2.95%** Up to \$490,000 (Not 4% that others may charge!)

**1.95%** on the balance Plus \$490 admin fee. All fees and commissions + GST

Mike Pero Real Estate Hobsonville also provide statistical data FREE from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today for a FREE summary of a property and surrounding sales, at no cost and no questions asked. Graham McIntyre 027 632 0421 \*Available for a limited time. Conditions apply.

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Phone 0800 900 700 Licensed REAA (2008)

Graham McIntyre  
Brand & Territory Owner  
027 632 0421





# Your brand + your message = your success

the Westerly is a focused community magazine that delivers your brand and service message directly to your localised audience by magazine, email, website and on social media.

This combined one stop shop approach delivers a unique integrated message through multiple platforms to meet the needs of business and communicate with tens of thousands in your direct local area. The publication was developed to assist local business, local clubs and networks to communicate in ways that assist them delivering a strong statement, price point, or service offer. The editorial within the publication is free from cost while the business card advertising is only \$85 plus GST per month. Therefore, if you put forward an editorial and a business card advert into the magazine it would deliver to an anticipated 25,000 individuals within the area over one month, representing a cost per exposure of \$3.91 per thousand people exposed to your message. If you were running a full page advert and editorial your cost per exposure is only \$29.90 per thousand people exposed to your message.

Feedback to the Westerly circulated through Massey to Hobsonville Point has been excellent and we've noticed that the various pick-up stands throughout the region have been emptying out fast - again showing increased demand for the publication which launched in 2015 and has continued to grow to meet its localised market.

In response to advertiser demand we offer the following options:

## **Business Card Advertising:**

A low cost roll over brand and contact image that is truly cost effective and long term. Keeps you front and centre with your market, and allows you to link your message and your brand together in print and online. The cost is minimised to \$85 plus GST per month.



## **Display Advertising:**

A strong brand, display message that dominates the space and has immediate impact based on the key messaging that you wish to convey to market. A select range of adverts are run in the magazine allowing maximum impact in print and online exposure. The cost of a half page is \$395 plus GST per month.



## **Front Cover and Inside Page:**

The strongest opportunity to deliver a message around your people and performance is through the front cover of the Westerly delivering not only a strong statement but the ability to link multiple messages and the face of your brand to market. As we only do eleven covers a year we offer this on a by negotiation basis, often at no cost to your company in an effort to promote local businesses and their people.

Whatever your position on advertising and marketing we welcome your feedback and input into the magazine and it's future. It is a magazine that was developed by locals for locals and has a charter all about giving back to business, groups and networks. That's why all editorial submissions into the magazine are free from cost and have the highest probability of being published.



Contact us today at [editorial@thewesterly.co.nz](mailto:editorial@thewesterly.co.nz)  
or phone John Williamson on 021 028 54178 or  
email [jbw51red@googlemail.com](mailto:jbw51red@googlemail.com)



**SEA VIEWS, 4 ACRES, AFFORDABLE LIFESTYLE**

4 1 1

**\$1,145,000**

**7 Kaipara Lake Road, Helensville**  
Asking Price \$1,145,000

Set high with sea views and land on the exclusive Tupare Estate. This renovated four bedroom home offers easy living on one level. Open plan living with great indoor outdoor flow to decking overlooking the idelic Kaipara Harbour make this home more than a lifestyle option but a picture paradise. Tupare Estate delivers a range of high end facilities which are free from cost under the payment of a very modest annual fee. Home owners share an enviable number of community facilities, including a large hall which may be reserved for private functions, flood lit tennis court and a comprehensive equestrian facility which includes an arena, stables, wash bay, stock yards and a loading ramp. A well presented community of premium lifestyle blocks. This gentle flowing estate of 1.6 hectares (4.12 acres).



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**BLENDING THE BEST OF OLD AND NEW - HUAPAI**

4 1 1

**Auction**

**16 Tapu Road, Kumeu**  
Auction - 12pm, Sunday 21st February 2021 (unless sold prior).

The best of open plan living and entertaining with easy access to sunny North facing decking, this home has been renovated to a as new standard to make the most of modern living. Fully functional, and open plan, featuring four bedrooms with two w/c's and central bathroom with laundry all off a central corridor. Traditional but delivering a separation between entertaining spaces and sleeping environments. Fenced and hedged section of 442 square meters (more or less) delivers low section maintenance and easy care, while protecting pets and children at play. Single lock up garage and off-street parking in a compact but complete offering. A short stroll to cafes, transport links, parks, brand new primary school and convenience shopping.



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**LAND - RV \$550,000 - NO COVENANTS - VIEWS**

**\$575,000**

**56E Kaipara Coast Highway, Helensville**  
**Asking Price \$575,000**

A truly stunning 1.6 hectare lifestyle block offering a serviced flat building platform and outstanding views to the North West. It delivers a site that is perfect for an entertainers home with extended views and privacy. The site has easy and established driveway access and title is issued and ready. In addition to the two grassed paddocks the land has a small covenanted native bush area that supports extensive bird life and privacy. Grazing is suitable for small hoofed animals (sheep, goats, alpacas) and offers good planting options to ensure you get the most out of this amazing block. Motivated Vendor is happy to look at an extended settlement. Close to Helensville convenience shopping, schools, transport links and inner harbour access.



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Awesome Agent - Highly Recommended. Graham was a pleasure to work with. His honesty and professional manner are impressive. Communication was a key factor in selling my house quickly and efficiently. From our first meeting I knew I had found the right agent and have nothing but praise for him. If you are looking for a trustworthy real estate agent then Graham is your man. Thank you Graham for your advice and support. You are still my favourite agent. **Aerin**



**Graham McIntyre**

027 632 0421 | 0800 900 700  
 graham.mcintyre@mikepero.com



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**ROYAL HEIGHTS, SEA VIEWS, 1.4 HECTARES**

10 3 4

**By Negotiation**

**129A, 131, 133, 135 Colwill Road, Massey**  
**By Negotiation**

Yes that's 14311 Square meters of land available for development. offering a big land lot, consisting of 129A, 131, 131A, 133, 135 and 137 Colwill Road, Royal Heights. Included in the offer are three homes offering 437sqm of improvements. The land therefore can provide income while development is underway. An independent development review from Terra Nova Planners is available for review. Significant potential here for the right buyer that wants to make the most of the native esplanade, the beautiful views and the easy accessed flat land. If 2021 is your year of creating opportunity, this is a serious proposition with an absolutely realistic Vendor. Close to schools, parks, shopping, motorway access, northwest mall, transport options and much more.

[www.mikepero.com/RX2638864](http://www.mikepero.com/RX2638864)



**Graham McIntyre**  
027 632 0421

[graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com)



**10 ACRES - ELEVATED BRICK AND TILE**

5 4 3

**By Negotiation**

**1132 Peak Road, Helensville**  
By Negotiation

First time on the market in 30 years, is this north facing brick and tile home, elevated with valley views. Offering a generous open plan living environment with central hallway to three rooms and linking to a self-sufficient guest wing. A collection of sheds and out-buildings including workers accommodation on the property allows for diversity for use and ample scope for storage. Fenced into six grazing paddocks with its own water supply and decorative ponds the paddocks have an easy care gravity irrigation system to the trough's. If you are seeking a family home with options for extended family or guests, this is a home you will want to view. Certainly a home that you be an active relaxer or a relaxer that is active. A short drive to convenience shopping in Waimauku and Helensville.



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TOTALLY AWESOME or my lads might say 'Pawsome experience'

Graham is truly an experienced, fun professional to deal with, he certainly knows his stuff and keeps you fully informed at all times of what is transpiring during the entire process. I felt totally at ease with his easy going manner and it certainly helped to have someone you could share a good laugh with along the way. **Dianne**



**Graham McIntyre**

027 632 0421 | 0800 900 700  
graham.mcintyre@mikepero.com

# Central's Tips

## February 2021



Summer's in full swing and the summer vegetables are bursting. Pick tomatoes, cucumbers, beans and zucchini daily to keep them producing and make sure to keep those pesky pests at bay! Now's a great time to mulch your fruit trees too.

### Use mulch - save water

Help protect your plants and trees by adding mulch, a great way to help retain moisture in the soil and it looks great too!



### In the Edible Garden

- **Thin out some of the pip fruit** developing in clusters on your apple and pear trees. This ensures the remaining fruit are a good size
- **Holes in tomato leaves and tomatoes** are caused by **green looper caterpillars** who breed very quickly in the heat. Use an organic spray or Derris Dust to stop them ruining the crop
- **Get ready for autumn vegetables** - directly sow beetroot, carrots and parsnip now
- **Vertical elements** - stake up beans, tomatoes and cucumbers, so that the produce isn't sitting on the soil. These plants are vines, so with strong support, many edibles can be grown vertically in a small garden
- **Ensuring a good harvest:** layer thick mulch around your fruit trees - from citrus to apples, pears and plums, they need access to moisture in the soil. Same goes for feijoas, passionfruit and tamarillos
- **Vegetables in raised beds** - liquid feed weekly to keep nutrients to the plants while they're in full production mode

### The rest of the Garden

- **Go troppo for a cool look:** Plant a mixture of lush tropical foliage interspersed with shade lovers that produce bright flowers such as impatiens, alstroemerias and begonias
- **Keep the roses flowering** - pick flowering roses for floral arrangements and dead head old flowers to encourage continued flowering. Spray to combat diseases and pests
- **Cut and come again:** lavenders, hebes and daisies can look a bit shabby at this time, so trim off spent flowers and liquid feed to ensure a good autumn display
- **The best lawn for hot, dry areas is kikuyu** because of its drought resistance - one of the few lawn types that can be mowed low!
- **Early signs of powdery mildew** on hydrangeas, lilac bushes and perennials such as phlox can be controlled with a natural spray of 1C milk to 1L water, adding a 1tsp of baking soda.
- **Turn the compost heap and keep it moist** - dry compost doesn't break down well

## Project for February

### Add some clean lines to the garden with our sleeper range.

Sleepers are great for raised beds and they look good edging garden and lawn areas. They also make great steps and wider sleepers can provide casual seating in your outdoor space.

For all your garden sleepers and products to help you realise your garden sleeper project, visit [www.centrallandscapes.co.nz](http://www.centrallandscapes.co.nz)





# We dig pebbles.

Glam up your landscape look with Central Landscapes' pebbles, stones and decorative rocks.

From river pebbles to white chip to Waikato fleck, there's a style and size for your project!



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# Hot Property



## Royal Heights, prime development on 1.4 hectares

Royal Heights is split into two parts, those with water views and those without. This parcel includes six titles which could be subdivided further based on an investor working with Auckland Council around the intensification in the area.

Therefore if you had an interest in controlling a project that enjoyed services in the street and water views this would be the premium

platform that would deliver a clever opportunity.

14311 Square meters of land is available for development, offering a big land lot, consisting of 129A, 131, 131A, 133, 135 and 137 Colwill Road, Royal Heights. Included in the offer are three homes offering 437sqm of improvements. Fantastic ecological values and inner harbour aspects are on offer here.

The land can provide income of the current dwellings while development is underway.

An independent development review from Terra Nova Planners is available for review.

Significant potential here for the right buyer that wants to make the



# Hot Property



most of the native esplanade, the beautiful views and the easy accessed flat land.

If 2021 is your year of creating opportunity, this is a serious proposition with an absolutely realistic Vendor.

Close to schools, parks, shopping, motorway access, northwest mall, transport options and much more.

For viewing and more information, contact Graham now on 027 632 0421 or [graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com) - Mike Pero Real Estate Ltd Licensed REAA (2008).



# Home & Garden

## Experience the difference an expert makes

It is well understood that trees contribute to the health and beauty of our environment and our properties; they can enhance property value and our sense of place. Well-placed trees reduce energy-use costs by shading during the hot months, while also improving air and water quality. But not all trees are created equal, some are faster growing, some are shorter lived, some may be strong while others are brittle.



Proper pruning ensures trees a long, healthy life and reduces the risk of branch failure.

A skilled arborist, along with specialised equipment, can accomplish even the most difficult tree pruning and removals. Working safely around your landscaping, house, power lines, and other valuable features to get the job done quickly and safely. Make sure you have a highly trained, skilled, qualified and insured arborist to carry out your work so the job is done right.

Contact Shaun Hardman 021 072 0739 [hardfell.co.nz](http://hardfell.co.nz) Hardfell Ltd.

## Laser Plumbing and Roofing Whenuapai

And just like that, a new year is here. While 2020 was an interesting and rather challenging year, we were thrilled to place as a finalist at the Laser Group Awards for Customer Service Excellence. It is a priority for Laser Whenuapai that we deliver top customer service to our customers so we were very pleased to receive this award. From our team at Laser Whenuapai, we wish you all a happy new year and look forward to better things in 2021.



The New Year is also a good time to start fresh and sort any of those pesky plumbing issues that you have been putting off. Give us a call and we can help you out.

**Maintenance Plumbing** - for all your plumbing requirements, from basic tap washers, leaking pipes, the dreaded blocked toilet, or gas work, our maintenance plumbers are here to help - 24 hours a day.

**Drainage** - our qualified drainlayers can perform a full range of drainage repairs and replacements through to new drainage jobs - both storm water and wastewater. We offer a state of the art drain unblocking service, CCTV inspection service and a dedicated tip truck and digger to get the drainage work done.

**Roofing** - We find and fix roof leaks. We also offer all roofing services...from repairs and gutter cleans right through to full re-roof.

**Project Plumbing** - We are specialists in new home plumbing, design and installation as well as home renovations. We also have extensive knowledge and experience in commercial plumbing. Contact us today and we will help manage your project.

Laser Whenuapai has been trading since 1985 - so choosing us means choosing a solid, reliable and experienced company that you can depend on. Not only can we offer you total solutions for all your plumbing, drainage or roofing needs, we stand by all our jobs by offering warranties...and always use quality New Zealand made products.

Get in touch with us today on 09 417 0110 or [whenuapai@laserplumbing.co.nz](mailto:whenuapai@laserplumbing.co.nz). We are open five days a week from 7:30am-4:30pm and are conveniently located at Unit 4, 3 Northside Drive, Whenuapai.

## Hybrid Solar Systems - No More Power Cuts

We know. 2020 is so 'last year'. We just had to tell you about the significant growth of Hybrid Solar installations last year. Battery technology is becoming far more viable due to efficiency, cost effectiveness and manageability.



We've found Australian-made PowerPlus Energy batteries to be a popular choice, due to their flexibility and ease of installation. They are designed to function on their own or as a larger battery system, so they can fit into the smallest domestic application right through to utility sized projects.

Pair these units with Solarcraft's favourite choice of high quality/high output solar panels and you'll have enough battery storage to avoid

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# Home & Garden

ever having a power cut again. With the extra-reassurance that you are still connected to the grid.

Sort of similar to having a water tank and being connected to the mains water supply? Sort of... Speaking of water? We'll be featuring the Solar Water Bore next issue.

Happy new year everyone, from the Solarcraft team.

Visit [www.solarcraft.co.nz](http://www.solarcraft.co.nz) or contact us ANY time with ANY solar questions. PH: 0508 272 389 [info@solarcraft.co.nz](mailto:info@solarcraft.co.nz).

## Summer is here

Time to enjoy that lawn you have been preparing for the past few months. But now that it's the middle of summer we face the classic "lawn tragic dilemma" - loving the sunny days but really wanting it to rain too. Over the past couple of months it's been pretty good in the north-west - November had a good amount of rain, not so much in December, but already January has had a good soaking. So growth is going strong.

The grass is growing well and with frequent mowing on a high setting (probably weekly), taking the top off the grass and helping enhance a tight, dense habit - it'll look fantastic. Those same conditions that help grass grow also are great for weeds .... So you will need to stay on top of them. Use a specialised broadleaf hormone spray to knock back those dandelions, paspalum etc. and prevent them going to seed and creating a problem for next year.

If not enough rain they will need watering - hopefully you have a full rain tank and are able to use that to help your lawn. La Nina is supposed to give us regular soakings, but if your lawn is drying out, keep the mower very high - this protects the grass and aids its recovery when rain does come, it also protects the soil from baking. Maybe use a mulch mower to drive the clippings down onto the soil to act as a mulch barrier mulch covering and protecting the soil too

So kick back and enjoy your summer lawn, fingers crossed it only rains at night - and does a lot of it. Give Jim's Mowing a call 0800 454 654 or book online at [JimsMowing.co.nz](http://JimsMowing.co.nz).

## Mitre 10 MEGA

The extension work is well and truly underway for Mitre 10 MEGA Westgate, with the demolition of the old Palmers building nearing completion. Soon to become to the largest retail-type MEGA in the country, the store will increase from just over 11,000 square metres including trade and garden areas, to over 15,000 square metres. The retail area will see an increase in size of over 3,000 square metres.

Owner operators Dave and Elaine Hargreaves are thrilled with the progress thus far and are excited for what the next couple of years has to offer for the store. "Although COVID-19 has slowed the extension plans down a bit, we're just grateful to see progress and are looking forward to the completion which should hopefully be around the time that Costco is set to open" said Dave. Work on Costco began in October and the retail and grocery giant is hoping

## VISIT OUR TWO EXCITING SHOWHOMES

If you are thinking of building and are looking for ideas and inspiration, make this your first step.

### Visit our showhomes

31 Nobile Road, Huapai, Auckland  
4 Urumaraki Avenue, Parkview, Helensville

Open Wednesday to Friday 12pm - 4pm  
Saturday & Sunday 12pm - 4pm

09 412 5317 / [gjgardner.co.nz](http://gjgardner.co.nz)

G.J. Gardner. **HOMES**



# Home & Garden

to open its first New Zealand store in Q2 of 2022. The Hargreaves are hopeful that the extension will work alongside the extra foot traffic this will generate, and by building closer to the Costco, they expect to see a natural increase in customer numbers.

Although 2020 has thrown its fair share of curveballs, Dave and Elaine also wanted to express their gratitude for the support the West Auckland community had shown their Henderson and Westgate stores. "Without it, we wouldn't have been able to keep over 200 people in jobs, but we're extremely proud of the fact that everyone who was employed by the stores at the start of the year is still employed now" said Elaine.

## Success for Maddren at House of the Year Awards

When regional results for the Registered Master Builders 2020 House of the Year Awards were announced in November, the team at Maddren Homes were thrilled that all four of their entries had won regional gold awards and two had also taken out regional category wins.



Finding out the next day they had an entry selected in the Top 100 Homes was great news. Then, at the virtual ceremony for the National Final Awards in December, Maddren were crowned the National Category Award Winners for the Builder's Own Home category.

When House of the Year Auckland Manager Julie Stevens arrived with the national award at Maddren Homes' headquarters one sunny morning in December, there was a thrum of excitement as the

team gathered together. Presenting the National Category Winners Award to CEO Tony Anderson, Julie Stevens said they could all be very proud of what they'd achieved.

General Manager Rodger Scott says that consistently winning golds each year shows Maddren are committed to excellence, but taking out a national category win is something extra special. 'To think of all the houses from all over the country that went into that pool and we won it, that's pretty cool,' he says.

House of the Year judges made particular note of the winning home's perfect positioning, superbly crafted cathedral ceilings, faultless finishing throughout and the spectacular all-season spaces outdoors.

Tony Anderson, who owns the home with wife Terena, says, 'The big thing for us is having this great space of the kitchen, dining and living all in one and being able to flow outside onto decks the same height, it's great when our grandkids are running about. People say the house it's just out of this world, the whole package.'

In recognition of the vital role subbies play in their ongoing success, Maddren made a presentation of their own that morning. Maddren Trophy for their Subbie of the Year was awarded to Richard Downer from The PC Zone and Joy Tichborne from Shanahans Law to celebrate the fantastic service and support they provided to Maddren last year.

The first big calendar event for Maddren this year is the opening of their new showhome at 68 Maurice Kelly Road, Milldale. It's a striking home with a few cool surprises. Swing by and take a look for yourself.

## Tough groundcover plants for tough areas

Most gardens will have an area where conditions are tough, and many plants struggle to grow in these areas. At Awa Nursery we have an area dedicated to these tough zones, and the plants themselves are subject to fairly harsh conditions at the nursery.



We have a great variety of groundcovers currently in stock which are tried and true in many a garden to counteract weeds, hold a bank together, or just survive in dry conditions. They also add colour and interest to your garden, and are low maintenance. We have many options, from the firm favourite coprosmas (there are 14 varieties in the nursery) to the

## DARING TO BE DIFFERENT



We love the fact that everyone is different. That's what inspires us to continually create original designs and details. Our latest showhome in Milldale is testament to that, built with the renowned Maddren magic you've all come to know and trust.

[maddrenhomes.co.nz](http://maddrenhomes.co.nz) 0800 666 000

Discover our latest showhome at  
68 Maurice Kelly Road, Milldale  
Open to view: Wed to Sun / 11am-4pm



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# Home & Garden

mondos, ajugas, dymondia, muehlenbeckias, dichondria Silver Falls, Spanish Shawl, selleria, acaena purpurea, vinca, leptoneilla dioica, thymus, and hедера, to name a few. Hebes are another great addition to your garden, thriving in many a tough area, and are very easy to maintain. Mostly flowering in summer, they provide nectar for the bees, and brighten up the garden with the long flowering period. Also, consider flaxes, grasses (both NZ carex and lomandras), creeping rosemary, pimelia, Star Jasmine and grevilleas, which are all proven tough plants. Remember your garden will always thank you if you mulch your garden especially when conditions are hot as it helps prevent the soil from drying out, suppresses weeds and improves fertility and health of your soil - plus it looks great. Pop along to Awa Nursery and see what we have that can brighten up your tough patch.

## Mothplant

The mothplant is a very noxious plant pest. It forms a rampant, evergreen vine with poisonous, milky sap and twining flexible stems. Clusters of 2-4 bell-shaped white flowers, sometimes pinkish, are followed by distinctive thick, leathery, pear-shaped choko-like pods containing kapok-like pulp, which splits



open to disperse thousands of black, thistledown-like seeds. It can cause dermatitis and other allergies- protect skin against contact with sap. "Each one of the flowers, when pollinated, could be blowing thousands of seeds around your neighbourhood when they are ripe," says Jacqui Knight.

Now is a great time to get rid of the plant. The easiest way is to cut it off at the stump and apply Cut'n'paste (available from any garden centre, hardware store) to the stump. Then a week later (or when the poisonous sap inside has dried up), remove the vine (flowers etc).

Don't get it confused with the beautiful star jasmine which is also flowering at present. Jasmine has a perfume, mothplant doesn't.

And don't get it confused with the choke, which has leaves like grape leaves.

Why not join the FB group and help us make Auckland mothplant free? Society Totally Against Moth Plant (S.T.A.M.P). Go to [weedbusters.org.nz](http://weedbusters.org.nz) for more information. Photo by Carolyn Lewis.

## NZ Biosecurity Services

The spring flush is over and now we get into the hot muggy summer season, and all of those weeds will be starting to seed. If you are struggling to keep up with those weeds that are down the back, or along the side of the stream, or even on the roadside, a good way to manage these is to use a 4WD spray truck. NZ Biosecurity Services can come and help with those 'hard to reach' locations, and apply chemical that is safe for use around waterways. The best way to tackle weeds around streams is to look at periodic control between late summer and autumn, so that the weeds have a chance to die down and create a nice layer of mulch which you can then plant into for winter. If you have a weed problem or want help to get a site ready for winter planting, let us know on 09 447 1998.



## Tile and grout cleaning and re-colouring

Are you tired of looking at your lovely tiled floor and walls only to be disappointed by the dirty stained grout lines? Traditional cleaning methods actually leave your grout dirtier and





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# Home & Garden

bacteria laden than before you started?

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## Unlock the value of your property

Do you love where you live, but not the house you're living in? Or perhaps your home is on a larger site and you've been thinking of subdividing and building a new home - whether it's to sell or rent out for extra income. Signature Homes makes it easy with their Subdividing Services and Knock-Down & Rebuild process.



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Signature's team of in-house experts know the Auckland Unitary Plan like the back of their hands, and their new home consultants and architectural designers will work closely alongside you to bring your vision to life. Signature Homes is a one-stop, full-service solution for your new home project, no matter how big or small.

Right from your initial site appraisal to the handing over of your keys on settlement day, you'll have your own Signature team beside you to guide you through your journey and ensure your home is exactly what you envisioned. There's plenty of pre-designed plans to choose from, or the team can work with you to design something bespoke to your needs and lifestyle.

A range of minor dwelling plans are also available, all below 65m<sup>2</sup>. These plans allow you to bypass the council's subdividing process and are great if you have a smaller site or just need some extra room for the kids or extended family.

For an obligation-free consultation and site appraisal, contact Signature Homes West & North-West Auckland on 0800 020 600 or visit [signature.co.nz](http://signature.co.nz).

## West Haven tide chart

Date	High	Low	High	Low	High
Mon 01 Feb	-	04:34	11:01	17:05	23:26
Tue 02 Feb	-	05:20	11:47	17:52	-
Wed 03 Feb	00:13	06:08	12:35	18:41	-
Thu 04 Feb	01:03	06:59	13:25	19:32	-
Fri 05 Feb	01:56	07:55	14:18	20:26	-
Sat 06 Feb	02:54	08:55	15:15	21:25	-
Sun 07 Feb	03:57	09:59	16:15	22:28	-
Mon 08 Feb	05:03	11:03	17:19	23:32	-
Tue 09 Feb	06:06	12:04	18:22	-	-
Wed 10 Feb	-	00:34	07:05	13:02	19:23
Thu 11 Feb	-	01:30	07:58	13:56	20:19
Fri 12 Feb	-	02:21	08:48	14:47	21:10
Sat 13 Feb	-	03:08	09:35	15:35	21:56
Sun 14 Feb	-	03:52	10:19	16:19	22:39
Mon 15 Feb	-	04:33	11:02	17:01	23:20
Tue 16 Feb	-	05:13	11:43	17:41	23:59
Wed 17 Feb	-	05:53	12:23	18:21	-
Thu 18 Feb	00:37	06:33	13:02	19:01	-
Fri 19 Feb	01:17	07:17	13:43	19:43	-
Sat 20 Feb	02:01	08:05	14:27	20:30	-
Sun 21 Feb	02:51	08:59	15:15	21:22	-

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# Home & Garden

Mon 22 Feb	03:48	09:56	16:08	22:19	-
Tue 23 Feb	04:49	10:54	17:06	23:18	-
Wed 24 Feb	05:48	11:50	18:05	-	-
Thu 25 Feb	-	00:14	06:41	12:42	19:02
Fri 26 Feb	-	01:06	07:31	13:32	19:55
Sat 27 Feb	-	01:54	08:18	14:21	20:45
Sun 28 Feb	-	02:41	09:05	15:08	21:32

## SPS Plumbing Services Limited

Hi I'm Scott, the owner/operator of SPS Plumbing Services Limited.

I pride myself on high quality workmanship at a fair and affordable price. I am a Certifying Plumber with 15 years' experience.

I do not charge a call out fee, have a very competitive hourly rate and also offer free quotes. I am based in Orewa and will work in the greater Auckland area.

I cover most aspects of plumbing and treat every job as if I was working on my own home. I strive for customer satisfaction and believe in getting it right first time.

My services include: Hot water cylinders, new builds, bathroom renovations, plumbing maintenance, kitchens, toilets, spouting, water mains, burst pipes plus dishwasher and washing machine installation.

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## Waimauku Garden Club

Happy New Year to you all. Let's keep planning and taking care of ourselves.

Our November trip and the gardens at Addenbrook and Winsford were enjoyed by us all. Well worth the visit. We finished the year with a Christmas lunch at The Brigham at Whenuapai.

For February 18 we are travelling to Clevedon/Ardmore. Good from Scratch has to be confirmed for March.

Our Committee meeting is not till the 27 January for finalising March onwards, however you can ring any of the committee members to get updates until the February /March editorial comes out.

If you hear of any gardens we could visit please let any of the committee know.

Contact: Ann 021 035 7406, Bette 021 145 1854, Diana 027 478 8928, Donna 021 233 0974, Judith 027 272 9994, Moira 027 498 9152, Veronica 027 755 4645.

# House & Land Packages



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# Pets

## Kanika Park Cat Retreat

Welcome to Kanika Park Cat Retreat, a boutique country retreat for cats. Run by a family of passionate animal lovers, nestled in the heart of our 10 acre Waimauku property.



Kanika Park Cat Retreat is a cattery like no other, where you can treat your cat to a relaxing holiday in one of our spacious private suites.

It is our mission not only to provide each guest with a personalised, warm and fun place to enjoy, but also to allow owners to be comfortable in the knowledge that their fur babies are safe in a loving and caring environment.

For further information please contact 09 411 5326, 027 530 1406 or email [info@kanikapark.nz](mailto:info@kanikapark.nz), [www.kanikapark.nz](http://www.kanikapark.nz).

## Time to update your family photos?

Do you want your pets to be in them?

I specialise in the challenge of photographing animals, both on their own, and with their families. Have you ever considered including your pet in family photos, but you're worried that they won't behave? Don't worry! That is my job. Equipped with plenty of treats, squeakers, toys and patience, I am willing to take on the challenge of any dog, cat, horse, rabbit - you name it. If your pets aren't included, it's not a real family photo. Working with animals is a whole new ball game compared to traditional portrait photography. My experience in the dog care industry has aided me in refining the skills needed to not only position a pet within a portrait, but also work with them to keep them happy, at-ease, and actually looking at the camera (an art form in itself).



We are so lucky in Auckland that we have some of the most gorgeous locations right on our doorstep, especially out West. Whether you want to take photos at Muriwai Beach or Riverhead Forest it is entirely up to you. If you have a regular spot that you love

to take your dog, or somewhere meaningful to you and your family - that's even better.

I have based my whole business around being easy, fun and affordable. My mission is solely to create a memorable experience which results in treasured photographs. So if you are wanting to get some beautiful new family photos up on your wall, or gift a session to someone else, don't hesitate to get in touch and have a chat! I'd love to hear from you. Website: [www.dogandco.nz](http://www.dogandco.nz) Email: [kirsty@dogandco.nz](mailto:kirsty@dogandco.nz).

## Cats need care

Sponsors, donors and other help are needed to keep Anne Batley Burton's cat welfare and rehoming plans alive and well.



Anne runs the "Pussy Palace for Pensioners" at her and Richard Burton's "Goose Creek" Huapai property. Anne established and chairs The NZ Cat Foundation (a charitable trust caring for stray and community cats and educating people about cat welfare), is a member of the Community Cat Coalition and is involved in other areas in cat and animal welfare.

But finding funds and volunteers is hard for Anne as costs mount and more cats need treatment and rehoming.

She's even recently broadcast her message through Face TV and YouTube under the "Calling All Cat Angels" programme partly 'narrated' by one of her long-time rescue cats Balthazar and in it she explains why she established the cat sanctuary and what it does.

Some of the cat stories are quite sad as people often give up cats for various reasons - such as a family death, moving to a new address, and being unable to cope with cats anymore.

Anne will take the cats in - ensure they are desexed, microchipped and have any health issues sorted (like humans, cats can get a variety of ailments such as diabetes and teeth problems) before being offered for rehoming.

"We are giving an important community service with not only trapping and desexing cats that have, through no fault of their own, become stray but also helping out people who for whatever reason are unable to continue to care for their cats," she explains.

We featured Anne in our March 2017 issue after she starred in television show "The Real Housewives of Auckland" and she is now

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# Pets

appearing in a spin-off called "Get Housewived" which includes a philanthropic theme. It was aired as a pilot just before Christmas and Anne hopes a series will run this year.

She's also recently featured in the Woman's Weekly and continues to run fundraisers for her "pet" cause such as "Pussy Galore" (as in the James Bond film, although the first name for the fundraiser and sanctuary is frowned on now in some circles) cat dress up parties and is planning a fund raising garden party at Goose Creek in about March.

Known as "the Champagne Lady" for her French wine importing business (she imports wine barrels too), Anne says she's spending more and more time involved in cat rescues and rehoming simply because of demand.

She says people think because she's in business she can afford to run the cat sanctuary, but Anne says that in spite of spending much of her own money she couldn't do it without the volunteers, donations and other contributions.

The sanctuary now has about 200 cats and has been expanded to accommodate the increasing numbers (any people with building experience who can help maintain it are welcome), with more than 100 rehomed last year.

Catching, feeding and treating cats - including surgery in some cases - costs a considerable amount in time, efforts and money - so donations that help (including food and time) are welcome.

The sanctuary has about 50 volunteers - some coming from far flung parts of Auckland and beyond - but many can't do weekend work

at the sanctuary.

The work may involve cleaning, feeding, changing water bowls, washing cat blankets (10 loads of washing a day is not uncommon, Anne having to bring in tankers of water to do the job) and more.

Anne pitches in and can easily do up to five hours daily, although she tries to concentrate on the organising and fundraising aspects.

The sanctuary is enclosed, but sometimes a few cats may escape, perhaps after storm damage to the structure, but to remain close by and may be recaptured.

Signs warn visitors to check vehicles before leaving in case cats have clambered aboard, and to drive slowly (not just for cats but also the geese).

Pathways had to be established throughout the sanctuary and even outside to stop people stepping in mud (in winter) and any droppings.

It's a hard job ensuring the cats have a good life, so any assistance is greatly appreciated by Anne and the volunteers.

Donations over \$5 are tax deductible as The NZ Cat Foundation is a recognised charity.

Visit [www.thenzcatfoundation.org.nz](http://www.thenzcatfoundation.org.nz) for information and to click on "donate" if you can help.

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# Food & Beverages

## Soljans Fifth Generation Series Kumeu Chardonnay 2017

We are extremely proud to launch the next vintage of our premium Fifth Generation Series Kumeu Chardonnay. Praised by wine writers across the board including 5 stars reviews from Sam Kim, Wine Orbit and Candice Chow, Raymond Chan Wine Reviews, this chardonnay is one not to miss. With notes of butterscotch and baked peaches, a rich and creamy style with a toasty oak influence, this wine represents the 5th Generation of our family and we couldn't be happier to have the opportunity to share it with you.



To celebrate its release on the 8th of February we will be having it open for tasting in our cellar door every weekend for the rest of the month. Purchase in store and online from the 8th of February. And of course, enjoy!

## Westbrook Winery

Westbrook Winery is thrilled to announce the arrival of our brand new Blanc D' bubbly. It is D-for-Delicious! Here is what winemaker James Rowan has to say about the latest addition to the Westbrook family...

Blanc D' is an evolution... wines of the Blanc... a blend of Chardonnay and Pinot Gris, 100% barrique-fermented in neutral French oak, with extended lees ageing and partial malolactic fermentation.

It is all about texture, life, and vitality from bubbles, pressure-sealed under screwcap. With vibrant effervescence... laced with the frills and whistles of lily musk and fronded fennel... lively with the timbre of pleasure, the evocation of excitement, the beat of earthen drum, and finished with a piquant lift of preserved lemon and kawakawa. This is our barrel-fermented reveal of fruits of the Blanc...

Come and try it for yourself. Available exclusively from our Ararimu



Valley Road Cellar Door, or buy now at [www.westbrook.co.nz/wine](http://www.westbrook.co.nz/wine).

## Natalia's food journey

I am a proud 23-year-old New Zealand Māori. I've worked in hospitality for quite some time now, and time and time again, I love seeing how food can bring people together. My favourite part is always the joy associated with food, and that I can play a small role in someone's day with my food. That is what fuels my passion.



The beginning of 2020 offered a big game-changer for me to chase my passion full time. I was a part of the few that had lost their job due to Covid 19 but now, I am an at-home based business and have an A-grade registered kitchen based in Swanson, West Auckland. I offer special occasion customised cakes, sweet treats, savoury items and can do small catering jobs, so now I'm finally making moves to achieve my ultimate dream of owning my own café. You can find me on Facebook and Instagram @nataliasfoodjourney or my website: [www.nataliasfoodjourney.co.nz](http://www.nataliasfoodjourney.co.nz).

## Homemade herbal tea spritzers for summer

They taste better than a soft drink and are a healthier option... most herbal teas can be consumed either hot or cold and many make refreshing drinks when served over ice and with sparkling water on a hot day. Try this delicious Hibiscus and Elderflower Spritzer recipe this summer:



Ingredients: 2 heaped tablespoons each of Hibiscus Flower tea and Elderflower tea (available from our online store), 250ml boiled water, 4 fresh stevia leaves, 200-300ml sparkling water and ice. Garnishes can include slices of citrus and a sprig of mint.

Method: Add the Hibiscus tea, Elderflower tea and stevia leaves to

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# Food & Beverages

a heat-proof jug then add the boiled water. Allow to steep for 5 minutes. Strain and allow the tea to cool. Once cooled, to a tall glass add ice, half of the tea, and top up with sparkling water. The recipe makes two glasses.

New Zealand Herbal Brew offers a range of Certified Organic herbal teas which can be purchased from our online store [www.NewZealandHerbalBrew.co.nz](http://www.NewZealandHerbalBrew.co.nz).

## Peko Peko

Hope everyone had a good start to the New Year. We have been enjoying having many dine-in customers since we started our new menu. There are more choices of fresh sashimi and sushi with some Japanese beer and chilled Sake on hot summer days. We also continue to have some quick grabs of Sushi boxes for weekday lunch hours. We are now open Tuesday to Sunday. Please check and follow our Facebook and Instagram page for the latest updates. 102c Hobsonville Rd, 09 416 1197.



## Allely Estate open day

If you got engaged over the summer break, congratulations. What an exciting time for you. We'd love to welcome you along to our open day on March 6 at Allely Estate.



It's hard to see when you're driving past our venue just how beautiful our Estate is behind the gates - we have extensive gardens, with clipped hedges, topiary balls and pretty hydrangeas, and gorgeous paths leading to arches, private courtyards and manicured lawns.

Our full-time marquee boasts an extraordinary domed roof, six-metre high ceiling, wrought iron chandeliers, Astroturf flooring and removable clear sides, making it an excellent option, no matter what weather Auckland turns on for your special day. But, as they say, seeing is believing so we'd love you to come along to our March 6 open day to see for yourself.

Entry is free; put it in your diary. March 6, 10am-3pm, Allely Estate, 393 State Highway 16, Kumeu. [www.allelyestate.co.nz](http://www.allelyestate.co.nz).

## Boric Tangelo Witbier 5.5%

Hallertau's latest seasonal release is a Belgian-style wheat beer spiced with tangelos from the Boric Orchard. Crazy fruity esters of banana courtesy of the yeast and aroma of delicious tangelos, light soft body with a tart finish. It's the perfect summer drop and available on tap at Hallertau Biergarten, their website or from the Boric store.



## Jenna-Maree Cakery

Our Cakery in Hobsonville has a cabinet full of delicious sweet treats. Here you will find our popular cabinet cakes which are ready to go; cupcakes, macarons, slices, cookies, fudge, scones and donuts.



Our specialty areas are our custom made celebration cakes, wedding cakes and for corporate events. From our 7-Tiered Cakes down to our 4" Baby Cakes, each one is made from scratch in our kitchen with only natural ingredients. All our fillings, like our popular salted caramel sauce, lemon curd and raspberry coulis are all house made. We are passionate about bringing these two things together because what is better than a cake that not only looks amazing but also has the flavours of nature to back it up.

We have an extensive range available within our online shop to make it even easier for our customers to order. Here you will find many of our offerings such as custom cakes, cabinet cakes, cupcakes, donuts, cheesecakes and macarons and they are all available with just 24 hours' notice. You can then just pop in store to collect it on your chosen date and time.

Visit our website [www.jennamareecakes.co.nz/online](http://www.jennamareecakes.co.nz/online) shop to place your order online or pop instore anytime to discuss options. We look forward to seeing you soon. Jenna-Maree Cakery - 102c Hobsonville Road, Hobsonville. [www.jennamareecakes.co.nz](http://www.jennamareecakes.co.nz).

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# Health & Beauty

## Now open Sundays

The team at Westgate Optometrists are now available for all of your eye care needs 7 days a week. Specialising in comprehensive eye examinations, contact lenses, dry eye therapy, myopia control, low vision and occupational eye care - we pride ourselves on our informative and experienced attention to detail whilst focusing on each of our clients' individual needs. Make an appointment to see one of our therapeutically endorsed optometrists via our website: [www.westopt.nz](http://www.westopt.nz), phone us on 09 831 0202 or pop in to see our friendly team. Located at 4/46 Maki Street. Opposite NorthWest Shopping Centre and the Kiwibank, and just around the corner from Goode Brothers Restaurant.



## Fit tip: Make one workout your extra

Find an activity you like and/or enjoy that gets your body moving. It can be anything from hiking, jogging, badminton, tennis, soccer, touch rugby, bike riding..... literally whatever you like & enjoy.

Use your planned workouts as a way to help improve your fitness/energy/strength so that you get better at your 'extra' workout - set it as one of your fitness goals.

Example: If you want to be able to get out & ride the bike as family fun time. Use your planned workouts as a way to strengthen your legs, butt & tum, while strengthening your pelvic floor muscles too. Also add some cardio into your planned workouts as this will help to increase your fitness level. Combine this together and it will help you to feel fitter, stronger & more confident to go out on those longer bike rides for quality family time and loads of memories too.

Need a little help to get started on your fitness goals? Sign up for our 4 week 'Strong, Fit & Lean' package & get 4 weeks of personalised 1-on-1 training plus access to small group sessions & online fitness videos for just \$299 (valued at \$399) PLUS mention this article in



The Westerly & you will also get one of our popular 'Be Stronger' tank tops & snack pack (valued at \$80) for free. Contact Melissa on 021 798 435 or email [melissa@benefityou.co.nz](mailto:melissa@benefityou.co.nz) to get started on a stronger, fitter & leaner you today! (Ps can also check out our website [www.benefityou.co.nz](http://www.benefityou.co.nz) for more details on our private female fitness studio).

## Is rounding your back bad for you?

Our backs are designed to move and bend. We should be able to bend over, round the back and touch the ground. However, bending over and picking up something with a rounded back is not recommended. This increases the stress on the back and can increase your risk of injury.

An alternative movement to try is called the 'hip-hinge'. This is where you bend forward keeping the back straight. All of the movement occurs in the hips and pelvis (where it should go). This takes the stress of the lower back and can help protect you from an injury. Want to learn more? Head over to our website and watch the video series I created on this movement. Your body will thank you for it.

[www.elevatechiropractic.co.nz](http://www.elevatechiropractic.co.nz). Any other questions? Call us on 09 413 5312.

## Joint pain: An alternative view


Joint pain causes more misery than any other condition, affecting 80% of people over the age of 50. That is heaps of "us". The common view is that osteoarthritis is caused by the breakdown of cartilage from wear and tear associated with getting older.

News Flash!

Osteoarthritis is not a disease of wear and tear, it is a disease of inflammation, hormone imbalance and for some people unhealthy lifestyle choices. Hormones (like insulin) play a big part in joint pain. High insulin levels occur when a person eats too many sugary foods or drinks and is usually associated with carrying excess weight especially around your tummy. Did you know that 45% of cases of osteoarthritis of the knee are related to being overweight? That is great news because it is something that can be reversed.

Fun fact: Losing 5% of your body weight (so about 3 to 5kg) over 5 years will reduce your risk of getting osteoarthritis by 70%. Even if you already have osteoarthritis, losing 5% of your body weight will reduce your pain symptoms by 30%. This may mean you can use less pain killers and avoid any possible side effects.

Natural pain killers like Boswellia, MSM and curcumin are gentle



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# Health & Beauty

on the stomach and your liver and provide short term relief from pain for many people. My favourite strategy is to look to fix any underlying causes such as hormone imbalances, inflammation, and excess weight. When you fix these underlying causes, you lower your risk of many diseases. You start to truly feel radiantly well from the inside.

Chat to our Pharmacist Health Coaches for advice on natural pain relief. You can also book in to see one of our clinic practitioners to get your own personalised plan to achieve radiant wellness. Full-service pharmacy that you deserve is available from the team at Massey Unichem Pharmacy. Martin Harris. 396 Don Buck Road, Massey. 09 833 7235.

## Make dental care affordable in 2021

Smilesaver is a dental savings plan that helps make your dental care more affordable. You simply choose a plan to suit your needs and budget, then set up small weekly payments which accumulate and help you to afford the dental care you need. You'll even receive a \$50 credit to your Smilesaver account to help you get started. It's perfect for all ages - from 18 year olds who are no longer eligible for the government's free dental services through to older adults on retirement budgets. Studies show that people who visit the dentist regularly develop fewer oral health problems, which ultimately saves on dental bills. Smilesaver is a convenient and effective way to protect your oral health and avoid unexpected dental bills.

For family, general and cosmetic dentistry, orthodontics, dental implants, tooth extractions, oral surgery and more, contact the friendly Fraser Dental team on 09 416 5050.

## Posture: The window to health

Many problems such as spinal pain, headaches, moodiness, respiratory complaints among others, can be attributed to poor posture, so an improvement in posture can help alleviate or eliminate these problems.

One common postural problem which effects adults and children alike, is the Forward Head Posture. This can be attributed mainly to an increase in time spent in front of a computer, at a desk, prolonged periods watching TV or playing computer games, but may also result from trauma such as whiplash.

For every inch the head is translated forward, the load on the spine, discs and muscles is THREE-fold. The head should sit directly on the neck and shoulders like a golf ball sits on a tee. If the head is held forward from normal alignment, it places tremendous strain on the

joints and the muscles of the neck and shoulders. This may cause fatigue, pain, headaches, and may even cause arm pain. If allowed to go unchecked for long periods of time, damage may occur to the discs in the neck and uneven wear, as found with arthritis.

Children carrying heavy backpacks to school often have to adopt a forward leaning posture to compensate for the weight on their backs. This forward leaning posture from a 'neutral' upright position places an uneven weight bearing load on their maturing skeletal framework and contributes to many musculo-skeletal problems.

Maintaining good health requires long term commitment and good posture is an essential part of that. So, if you sit for long periods of your day, move your body every 20-30 minutes. Sit up straight, pull your head and neck back so your ears are over your shoulders, or better still, go for a brisk walk at lunchtime if possible. Joints and muscles love to move, and exercise is one way to disperse physical and emotional stress.

The Chiropractors at Kumeu Chiropractic understand the connection between posture and healthy function of the spine and nervous system. Call us on 09 4125536 for an examination and assessment of your spine.

## Trueform Spa: Benefits to your health & general wellness

We all know how great we feel soaking in a spa after a hard day's work, but did you know that there are a number of other, well documented, and scientifically proven benefits? Here are several that you might not be aware of:

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## 2. Increased blood circulation

Immersing in warm water aids the cardiovascular system, allowing the muscles to relax and the blood vessels to open up, which in turn, lowers blood pressure and promotes greater blood flow.

## 3. Helps with better sleep

The rising and cooling of body temperature helps us to fall asleep more readily, and stay asleep. A simple ten-minute soak is enough to raise your body temp and then relax you as your body cools down post-spa.

You can find out more benefits to your health & wellness with a Trueform Spa here: [www.trueformspas.co.nz/health-wellbeing](http://www.trueformspas.co.nz/health-wellbeing) otherwise give us a call on 09 420 7515.

## Live Chiropractic

Live Chiropractic would love to introduce Kumeu to the latest chiropractor to join the District - Dr. Aimee Strickett.

Dr. Aimee graduated Chiropractic College in 2015 and had been working in Hobsonville since then until joining Live at the end of 2020. In practice Aimee loves the range and diversity of people and cases she works with from young to old, tradies to office workers. She especially enjoys working with children, babies and supporting women through their pregnancies and motherhood journey. Aimee's two young children keep her busy when out of the office but she loves the flexibility that her job provides so that she can be a part of those precious childhood years while still getting to practise her passion working part time as a



chiropractor. Dr. Aimee is found working at Live Chiropractic- 306A Main Road, Huapai, Kumeu on Tuesdays, Thursdays and Saturdays. Appointments can be made online at [www.livechiropractic.co.nz](http://www.livechiropractic.co.nz) or by emailing [reception@livechiropractic.co.nz](mailto:reception@livechiropractic.co.nz). Live Chiropractic has also set up new social media sites. This is a place where you can stay up to date with everything happening, a place to learn, be inspired and to connect with us. We would love for you to follow along, you can find us on Instagram and Facebook @live\_chiropractic.

## Thinking of buying a new pair of sneakers?

Here are 5 top tips to help you out!

1. Wear the same socks to the store that you wear while you are walking or running.
2. Check if the shoe is appropriate for the type of surface you will be walking/running on.
3. Try on at least three different pairs of shoes, make sure you put both shoes on and lace them up!
4. Always check if the length and the width of the shoe is comfortable.
5. Try on new sneakers after you have been for a walk (your feet tend to swell throughout the day).



We always find the team at Shoe Clinic very helpful!

If you need further guidance, head to [www.hobsonvillepodiatry.co.nz](http://www.hobsonvillepodiatry.co.nz) and book an appointment with one of our podiatrists.

## Want to lose weight but feel stuck?

With Christmas behind us, this time of the year still tends to bring lots of delicious food, with many sweet treats such as chocolates, pavlova, Christmas cake and fizzy drinks, many of which contain high levels of sugar and produce an instant pleasure hit, releasing dopamine in our brains.



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# Health & Beauty

Dopamine is the reward neurotransmitter. Each time we enjoy another sweet treat, we reinforce the same neural pathways in the brain which in time can become a habit and lead to the production of higher dopamine levels.

Have you ever found yourself eating something like chocolate or ice cream, knowing you should stop eating it, but being unable to put it down? It can be very difficult to stop eating these types of foods, particularly those high in sugar, because they have such a strong influence on our brain and hormonal systems.

We have created an online weight loss programme with tools to resolve carbohydrate cravings, addressing other key factors that affect weight like stress, sleep and of course food. The programme uses real food, with no calorie counting, no diet pills or meal replacements and you get to decide what you're going to eat and when.

Sign up to receive our free guide to entitled: 5 Weight Loss Facts You Must Know To Lose Weight by visiting our website: [www.WeightLossProgram.co.nz](http://www.WeightLossProgram.co.nz).

## Holiday injuries slowing you down?

Have you injured your hand, wrist or elbow over the summer break?

Sporting injury, fall off a ladder, injured while doing DIY around the house or holiday home, caught in the dog lead, injured while fishing? Pain still lingering weeks later? Don't ignore that pain; we can help at The Hand Institute.

We accept ACC referrals (and can initiate new claims) and provide a comprehensive assessment for all fingers, thumb, wrist and elbow injuries. We can send for x-rays (if required) and manage the injury with casting, splinting, strapping and important early motion exercises to prevent ongoing pain, stiffness and weakness. Call us now on 09 412 8558 to get that hand sorted.



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## The Doctors Massey Medical

The Doctors Massey Medical is a family friendly, welcoming medical practice providing a full range of general practice services. We continue the Christian tradition of caring with compassion and skill for those in our local community. We work in partnership with our patients to prevent ill health and promote well-being for all those registered with us. We are also proud to be Cornerstone Accredited.



Our practice is owned by Dr Joy Stevens, Dr Jane Renwick and Dr Stuart Monk who are all Fellows of the Royal NZ College of GPs. We welcome Dr Janice Lee (Mandarin-speaker) back from maternity leave. We also welcome two new doctors, Dr Tomos Byatt and Dr Trihn Write, who are both accepting new patients.

Our large practice space means we can offer treatment of minor accidents and wound care, so our local community don't need to travel for these services. We offer disease prevention & promotion of healthy lifestyle, multi-ethnic patient care, continuity of care, informed choices, responsive to the special status, health needs and rights of Maori, disabled access, working with other agencies and community services, refugee care and assisting with psycho-social issues. We are at 394 Don Buck Road, Massey. See our website [www.thedoctors.co.nz/The-Doctors-Massey-Medical](http://www.thedoctors.co.nz/The-Doctors-Massey-Medical) for further details.

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# Area Columnists

## Trueform Spa Pools Huapai Pro-Am

On March 10 the Huapai Golf Club is set to hold the first professional tournament in its 82-year history.

About 140 golfers are expected along with many spectators - a possible field of 96 professionals chasing a total purse of more than \$11,000 under the New Zealand Professional Golfers' Association (PGA) guidelines.



Amateurs are limited to 32 teams of three with each team playing with a professional golfer, aiming for their share of a "significant" amateur prize table while gaining tips and advice from the professional at the same time.

A series of golfing clinics will be run by the professionals from 11am on March 10, with briefings also featured, before all teams tee off in a shotgun start at 12.30pm, finishing the day with dinner and prize-giving in the Coatesville-Riverhead Highway clubrooms.

Hosting a pro-am has been on the club board's radar for some time, says club President Michelle Dee who is delighted that will now happen - with members and visiting amateurs able to play alongside the professionals with key players announced in coming weeks.

"I can't speak to early history as to why the club has not ever hosted a professional tournament, but in my recent time as President it has been spoken about at length and we are thrilled that we will show off our course and recent improvements to a wider audience on March 10," she says.

"We are a members club with a proud reputation for hospitality and the social side of golf, but we are also a very playable golf course that has for some time been on the improve."

Michelle says that's due to a dedicated team of greenkeeping staff led by Matt Chatterton.

"We have been implementing changes and improvements to the course over the past few years, and on March 10 we will throw open the doors to New Zealand's leading male and female professionals and put that work to the test."

The work has included significant investment in drainage and greens quality, with Club Captain and Director Nigel Clark - pictured on the putting green with Michelle, heavily involved during recent years.

In 1939 the club bought neighbouring land on Harkins Point to

build the course that thousands know and enjoy today (with more than 50,000 unique rounds predicted in 2021).

Four years ago, the club's board looked to implement an ambitious plan to improve the course in key areas, notably its playability in winter but also to improve all aspects of the course from tee box to green.

That work is not yet fully completed but the club says golfers who haven't been on the course for a few years are astounded about its quality now.

The club is fully committed to putting on a stunning day on March 10, with General Manager Andrew Dewhurst seeking the support of the local business community in what the club hopes will be a shared effort to welcome visitors to the region.

"I am already busy reaching out to prospective partners on the day, from the small boutique operators to the bigger nationally known brands," Andrew says.

"We will be knocking on doors looking to create an event unique to this part of the world and capitalising on our advantage of being a genuine country course 20 minutes from downtown Auckland."

Andrew says the area is blessed with everything from wonderful wineries, food producers and restaurants to a burgeoning retail environment at North West and Westgate to the more boutique business and light industry throughout the likes of Riverhead, Huapai, Kumeu and Waimauku.

"Our goal is to encourage as many as possible to be a part of the day to share their products and services and showcase the wider region."

Huapai's tournament will slot well into a pro-am schedule for the wider Auckland region throughout late February and March.

Dewhurst is delighted to have secured Trueform as naming rights partner, with golfers on the day in with a chance of winning their very own Trueform Spa if they can score a hole-in-one. Trueform have been manufacturing spa pools in NZ for over 30 years and Managing Director Warren Leslie jumped at the chance to support such a high profile local event.

"Trueform has over 50,000 Spas in New Zealand, all proudly made in West Auckland. We can tailor make our spa to suit any requirements from the colour of the spa, colour of the lid and how many jets you want and where to position them.

"Trueform is proud to call West Auckland our home and see this as a chance to support local business and in this case a sport I enjoy, whenever we can."

The local club is part of the area's history which included Harkins Point playing a major role in the Auckland region's development.

In 1871 local Maori and Irish work gangs began building a railway

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# Area Columnists

through to Helensville with Harkins Point serving as the Southern terminal for what would become a vital link through to the Kaipara communities.

The then Auckland City Council bought land in the area in 1907, which was eventually used to raise and run Clydesdale horses - the council's main transport.

Harkins Point was a link point for the first direct telegraph cable connection between Auckland and Sydney via Bondi Beach, across the Tasman to Muriwai Beach and overland to Harkins Point, down the Waitemata Harbour to Auckland city.

The Huapai Golf Club bought some of this land from the council in 1939, with the railway and cable long gone (the rail link living on as Old Railway Road).

The course can provide a great challenge for all levels of golfers and include wide fairways, four lakes and many gardens and trees.

Carts and clubs can be hired from the club's pro shop.

The club might just have its own Amen Corner (from the fabled Augusta Golf Club, home of the Masters) with holes 11, 12 and 13 having the potential to propel a player up a leader board or leave them staggering home into the prevailing westerly towards the clubhouse.

For more on the Trueform Spa Pools Huapai Pro-Am contact Andrew Dewhurst on 021 535 501.

## Have a clear direction for your business

You may have returned from your Christmas break fresh and full of new ideas. Now is the time to develop those ideas into an action plan.

If possible, it is best to have these discussions with your team. For each idea:

- What are you trying to achieve? Does this idea increase sales, reduce costs, or improve efficiency?
- Does the idea align with your business vision?
- How does the idea affect other parts of the business?
- What resources (financial, people etc) do you need to put the idea into practice?
- What will be the financial benefit of implementing the idea?
- What are the timeframes for implementation and return on

investment?

- What do you need to be working on in the next 90 days?
- Who is responsible for implementation?

By discussing this with your team, you aim to get their buy in to the idea. This will make the process of change easier as they will feel like they are part of the process and will understand the benefits.

Include the financial effect of these ideas into your budget that you are preparing for the March 2022 financial year.

Ann Gibbard is a Business Success Partner with Oxygen8 Consulting. For help with growing your business or improving its profitability, preparing your business for sale, or for a free Business Diagnostic, contact Ann at [ann@oxygen8.co.nz](mailto:ann@oxygen8.co.nz) or 021 682 014.

## Considering a change?

In a New Year many people are taking stock and thinking about new opportunities for themselves - you may have thought about volunteering and possibly with a community organisation like Citizens Advice

By volunteering with Citizens Advice Massey you will:

- make a real difference to people's lives and have a positive impact on your community
- learn about a range of issues that affect our clients including benefits and debt
- build on valuable skills such as communication and problem-solving
- meet new people from a range of backgrounds

Citizens Advice volunteers come from a range of backgrounds, and volunteer with us for different reasons. Our volunteer roles are varied, challenging and rewarding and our volunteers really enjoy being able to make a valuable contribution and a positive impact on people's lives.

As a volunteer at Citizens Advice you don't need any specific qualifications or experience. You'll need to be friendly and approachable and have a respect for views, values and cultures that are different to yours. You will need to have basic IT skills, be a good listener, and have good written skills. You can get more information about this when you apply.

As a volunteer you'll receive an introduction to the service and training for your role, as well as support and supervision throughout your time volunteering with us, and opportunities for development.

Many of our volunteers help our clients online, over the phone and

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# Area Columnists

face to face, to explore the issues that they need help with and find the information they need to solve their problems. Sometimes supporting clients to find this information and to take action is part of the role.

Our team finds great value in helping others and for themselves. If this sounds like you, contact Barbara on 09 833 5775 or [massey@cab.org.nz](mailto:massey@cab.org.nz)

## Health and Safety

A recent article in the Safeguard Update publication (No 614) records a QUEENSLAND: MANSLAUGHTER CHARGE.

This is about a forklift/hoist accident where the charges alleged 'that the company caused the worker's death by failing to effectively separate pedestrians from mobile plant, and failing to effectively supervise workers including operators of mobile plant'.

The two directors charged face potential substantial fines and jail sentences.

The article reminds all New Zealand based businesses where forklifts are in use, of the need to ensure that there are effective rules around people and the use of forklifts, trucks and other mobile plant operations.

Three Rules for Forklift Safety

1. Remove pedestrians from forklift areas

o Securo advocate that a "pedestrians beware" approach is taken, i.e. people should only be in areas where forklifts and/or trucks are operating if it is a requirement of their job.

o These areas should not be used as a route from one area to another.

2. Make eye contact with the forklift operator

o People must ensure that they make eye contact with a forklift operator BEFORE walking behind a forklift that is loading or taking stock from a rack or truck

o The forklift driver will indicate if it is safe for you to proceed or not.

3. Check for forklifts when entering / leaving a building

o Check for forklifts when entering or leaving a building, especially if there are blind corners and/or if there are crossways in a warehouse

o This applies even if there are marked walkway within or outside the building.

o It is incumbent on the pedestrians to ensure that they do not put themselves in harm's way.

There have been the occasional death in NZ with forklifts operating around trucks, and no doubt WorkSafe and Court Judges are looking at what is happening in Australia.

For further information on health and safety contact John Riddell, health and safety consultant email [securo4@securo.co.nz](mailto:securo4@securo.co.nz) or check out the website [www.securo.co.nz](http://www.securo.co.nz).

## A real account of becoming a mum in your 40s

Nikki and Carter having fun at New Shoots Westgate.



Nikki Prendergast is one of the owners of New Shoots, a mother to eight-month-old Carter, and a passionate advocate of nurturing childhoods filled with happiness. At 48 years old, she

is a self-proclaimed "late bloomer" when it comes to motherhood. We sat down with Nikki to hear about the joys and challenges of becoming a mum.

Nikki, tell us about your journey towards motherhood. I guess you could say my path was a little bit different to most. I always wanted to be a mum, but it just never happened for me - and I was okay with that. I was loving life, had great friends, a wonderful family including two awesome nieces, and a fulfilling career. All I ever wanted to do was work with children, so I felt lucky to have a job where I got to do that.

Then, a good friend and colleague, Nik Webb-Shephard, asked me, "if you had the opportunity to become a mum, would you?"





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# Area Columnists

He wanted to be a dad and thought the two of us would make a great co-parenting team. It was a two-year process where we spent months carefully thinking it through before beginning IVF. Finally, in March 2020, little Carter was born.

What is co-parenting like? Nik and I have been great friends for 10 years. We own a business together – Source Café, in Auckland – and he works as New Shoots' Director of Risk, Facilities, and Procurement. We've even owned a house together for several years, so our lives were already very intertwined. Co-parenting means we've now had a lot of very different conversations, including leaking breasts, baby blue tears, and body malfunctions, to name a few.

Nik is a hands-on father and a supportive friend. Like any parents, we're figuring it out as we go along, trying to work out who plays what role. It can be hard for dads in the beginning when the baby is so reliant on mum, but we are working through the minefield of parenting.

We have certainly had disagreements over the years, but we haven't had any over Carter – at least not yet.

Can you share your experience as a "late bloomer" in motherhood?

I don't know any other way, really. I'm sure younger mums would say that the younger you are, the more energy you have – but I feel like I'm a pretty energetic person.

The key thing for me is having a strong support network. Carter's been born into a really cool large village of people who love him so much. Having great friends and family has been so important for both physical and emotional help.

A lot of people ask me if motherhood is everything I thought it would be. It absolutely is, but now I understand it experientially. I've seen a mother's love countless times but feeling it is something else entirely.

Tell us about your little boy. Carter was born on 17th March last year. He's a busy boy; such an explorer. He takes everything in and is very observant – people always say he's been here before.

There are no grey areas with Carter – he's either extremely happy, 93% percent of the time, or he's letting us know we have missed a cue. Normally it is sleep or food or he just needs a cuddle. As he gets older and we have more time with him we are getting much better at working out his needs.

What have been the best parts of your first six months as a mum? I just love him. He's a really cool, fun little guy with bags of personality. We have some special five am chats and he truly makes me smile and laugh out loud every day. And the joy he brings to other people, like his two sets of grandparents, is heart-warming.

What are the hardest parts? During my 30 years working in early childhood, I've seen so many mums hold themselves up to unreal expectations. Working, parenting, trying to be good partners, keep

the house clean, exercise, etcetera, etcetera. They're amazing, but they judge themselves so harshly.

I always said I wouldn't fall into that trap. I would never be cruel to myself as a mum...then I had Carter and I find myself doing it all the time.

I felt guilty about struggling to breastfeed. About going back to work at four-and-a-half months. I compared my baby's sleeping patterns – he fed every two hours for the first ten weeks – to others.

It's so hard not to worry about what people are thinking about you and your parenting choices. Add sleep deprivation to that – it's certainly challenging.

How do you stop the negative self-talk? I lean on my amazing friends and colleagues. A benefit of being an older mum is a lot of my friends' children are older, they're no longer in the thick of it and can be more honest.

I've had them say things like...

"Have you had to just leave the room yet with the baby screaming?"

"I used to stand in front of the television with MTV playing from one to four am – it was the only way to settle my colicky baby."

"Have you had to ring someone and demand they come home straight away?"

It's so real! They remind me that not every moment is perfect and precious and blissful, and that's okay.

What else helps with the challenges of early motherhood? Remembering to breathe. Finding people who will listen without judgement. And showers are heaven – even just five minutes. There's something about literally washing it all away and stepping out ready to start again.

I think finding the right fit for childcare is so important. Whether you're a working mum or one who needs some space, childcare is fantastic as long as it feels right for you. Having the right place with the right people and the right teachers can really help. There's no perfect time to start – just do what's right for you and don't feel guilty about it.

What have been some of the biggest surprises? Fun and humour are values I have always lived by (how can you not when you work with under five year olds?) but I have discovered these values more than ever since having Carter. I would rather laugh than cry through the tough times, and 'ride the wave' has become my mantra as I learn that nothing lasts for long. One such moment that had me laughing out loud was when I thought I was coping on zero sleep only to discover I was pumping breast milk without the bottle, so it was literally going all over my leg!

How has your career changed since having a baby? Before Carter, I spent a lot of time moving between our early childhood centres



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# Area Columnists

in Auckland, Northland, the Waikato, and the Bay of Plenty. I was working weekends and nights. Having a baby makes you re-evaluate how you work and I have certainly made changes to my work/life balance because of Carter. I am a healthier and probably more productive person for it.

Time management can be hard. It can be a juggling act that I am yet to perfect. However, I am lucky to have amazing, supportive work colleagues and Carter's Dad, who is supportive as I navigate this part of the journey. I think COVID helped because I had no choice but to step back and hand over roles and responsibilities that could be permanently delegated out.

What do you love about being a working mum? I love my job. I get such fulfillment out of it, it's part of who I am. Personally, I need to be involved in my career to be my best self for Carter. I know lots of mums feel this way, but balancing it all can be a challenge.

I'm very lucky to have a flexible role and work in an industry where we take care of young children for a living. There aren't many jobs where you can walk in and people hold their hands out and offer to take your baby.

When I first went back to work, I was at New Shoots' support office and Carter was just next door at the children's centre - being so close was great. It gave me the idea of a hot desk for working mums where they can work near the baby and pop over and comfort them like I've been able to do. Future goals...

New Shoots - a space for mums from all walks of life - If you're interested in learning more about New Shoots Children's Centres, you can visit [www.newshoots.co.nz](http://www.newshoots.co.nz).

## Nothing added

Don Batley of Muriwai Beach started out to make wine as organically and sustainably as possible just for his family's consumption.



Eleven years later his hobby has become his full-time passion - the pesticide-free grapes going into wine made without additives now available to others as he produces more than the family can drink.

Not that Don will make much from his wine venture, otherwise he would have to charge about \$300 per bottle.

"I do it for fun and pleasure - not to make money," he says, establishing a group or wine club so others can share in something

a little bit different.

The grapes are mainly reds - Saperavi, Syrah and St Laurent with some Chambourcin and white Albarino and a few Petit Manseng - grown in some of the toughest coastal conditions you can get.

The 'soil' is predominantly sandstone or a sandstone/clay mix with organic fertilisers (mostly seaweed based) used, each named individual vineyard area protected from salt winds with its own little microclimate.

The 'house site' vineyard, for instance, is based on a previous property owner's intended building site and includes rows of several different varieties and ages.

Each hole is dug deep in the sandstone (using mainly a trenching tool) and young vines are watered in (using bore water) so roots go deep.

Rather than use insecticides, Don puts 'fossil flour', made from the fossilised remains of phytoplankton (diatoms) mined in Nevada, on the grape leaves and vines to kill bug pests through dehydrating them. The fossil flour also contains 15 trace minerals which are good for the plant - and can be consumed without any problem by stock and humans.

The grapes are hand-picked then sorted to remove unripe or unsuitable ones - improving quality, then gently foot-crushed or pressed - allowing wild yeasts to do the fermenting.

No finings or any other additives are used, nor is the wine filtered, the product hand-bottled and even hand-labelled.

Don's labels are another story.

Called 'Kawa Grove Wines' (for pohutukawa which line the area), each label has a harrier hawk and rabbit symbol which not only denote resident animals but come from a linocut and poem Don did as a schoolboy in 1964.

The wine's individual story of its grapes and how it is made also feature on each label.

And Don's wines have been tested and rated very highly by experts.

These include the likes of Kumeu River Wines' Michael Brajkovich, wine educator and reviewer Bob Campbell - both holding Master of Wine qualifications, and wine writer and judge Yvonne Lorkin.

Don's not afraid to experiment with his wines - currently trialing a brandy infused one, and he's also produced an 'orange' wine (which Yvonne likes) and a grape and honey mead made from a blend of his organic grapes and coastal bush honey from the property plus a touch of French brandy. Yvonne describes the mead as "darkening and delicious, with butterscotch and vanilla notes complementing the raisin and beeswax flavours, it's a juicy, spicy example".

The results of the grapes growing where they are often produces

## Kumeu Huapai

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# Area Columnists

a low crop of smaller but full flavoured berries producing wines of depth and flavour.

Colour-coded tags are attached to ripening bunches, enabling hand harvesting many times by selecting the right grapes as they don't always ripen uniformly.

Any grapes not up to scratch are removed, the remainder lightly crushed then fermented for up to five weeks as skins which have added their tannins and flavour are removed and new grape batches added.

After subtle anaerobic (malolactic) fermentation the wine is left for several months in special small tanks (volume adjustable to prevent air getting in) then allowed to settle and clarify before hand-bottling.

Don says many hours of work go into the growing and wine making (he describes himself as self-taught and more a wine grower than a wine maker).

He does everything from the grape growing to the wine making as naturally as possible.

Don says knowing he and fellow workers are not exposed to toxic chemicals and that they are being accompanied by humming bees, bird song, and frogs croaking in the man-made pond (birds drinking there are less likely to attack covered grapes) make the job a pleasure.

Contact Don on 09 411 8069 or email donbatley@xtra.co.nz for more information.

## Netsafe

As COVID-19 reached the shores of New Zealand and the country went into lockdown, Netsafe had a big job ahead. With everyone suddenly working and learning from home, online challenges and risks were inevitable. New Zealand turned to Netsafe for support, resources, tools and education. Our free and confidential helpline was inundated with requests from everyday people needing support with a wide range of issues, including online bullying, scams, misinformation, threatening behaviour and hate speech.

It is widely recognised that New Zealand did a fantastic job responding to COVID-19. But the lockdown period did, unfortunately, create a perfect storm for people experiencing online harm like never before. As lockdown restrictions began to



ease, Netsafe surveyed a nationwide sample to fully understand the extent of unwanted digital communications during this period. When the lockdown period was compared to the same time in 2019, it was found scam reports were up 74%, sextortion 35%, romance scams 69%, intimidation 45% and the supply and distribution of objectionable material 66%.

As Aotearoa makes significant progress fighting COVID-19, and with people back at work and school, Netsafe remains available to help seven days a week. For further details go to netsafe.org.nz.

## Stranded surfer rescue wins award for Muriwai VSL

Rescuing a surfer washed up on rocks earned the Muriwai Volunteer Lifeguard Service Emergency Call-Out Squad (MVLS ECOS) the BP Rescue of the Month for the winter, it has recently been announced.



Shortly before 4pm on October 8, the squad was advised a distressed surfer had washed up on the rocks near Sugar Loaf Island between Muriwai and Maukatia (Maori) Bay.

ECOS coordinator Glenn Gowthorpe, pictured, and volunteer surf lifeguard Shea O'Neill grabbed their fins, tubes, helmets and wetsuits while fellow squad member Neil Reid went to the gannet colony lookout above the rescue scene and established radio contact with the NZ Police Eagle helicopter hovering above.

Muriwai VLS President Jo Cooper says a 2.5 metre swell was smashing into the rocks in front of the surfer, who'd managed to climb the cliff edge out of immediate danger.

Glenn and Shea swam out to the stranded and relieved surfer, reassuring him they'd get him off the rocks as quickly as possible.

"The patient was very cold and reluctant to re-enter the raging surf, particularly on his surf board," Jo says.

"Glenn and Shea discussed their options, factoring in swell and rip conditions, and decided to give the patient Shae's rescue tube and fins for a swim exit through the cave to Maori Bay with Glenn, while Shae would paddle the patient's surfboard and provide floatation assistance if required."

Glenn briefed the surfer then timed the jump into the surf so that the next set would help with the swim into the Maori Bay cave.

The surfer initially assisted by kicking toward the cave, but quickly

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# Area Columnists

tired and was concerned the safety of the beach was still quite some way off, Jo says.

With some verbal encouragement and solid swimming, Glenn and the patient eventually made it into the cave.

Once inside, however, the washing-machine action of the water, coupled with periods of total darkness, prompted the surfer to cling desperately to both his rescue tube and the lifeguards, while powerful swells pushed them back and forth.

Through great effort, the trio eventually made headway toward the cave exit before a final large wave bowled them up over the rocky beach at the Maori Bay cave mouth.

Relieved they were now on land, Shae checked the patient again before reuniting him with his board.

The trio then climbed the hill to the carpark where a large crowd had gathered. A few cheers rang out as the onlookers praised the efforts of the surf lifeguards in such difficult conditions.

The patient's joy at being rescued was obvious. He repeatedly thanked the surf lifeguards before also thanking the person who had initially called '111' when she saw him in trouble.

The lifeguards thanked the Police Eagle helicopter crew before it returned to its Onehunga base.

"A key factor in the success of this rescue was the lifeguards' familiarity with the conditions in the rescue area and the deliberate and on-going risk assessment that accompanied their evolving rescue plan," Jo says.

"The rescue process was backed up by great communication between the three surf lifeguards, with the Police Eagle helicopter operating overhead.

"This was yet another successful rescue for the Muriwai Volunteer Lifeguard Service ECOS, a skilled team of dedicated and capable lifeguards who willingly give up their time to rescue those in need along Muriwai's challenging coast."

BP NZ Managing Director Debi Boffa says they are "incredibly proud" to have partnered with Surf Life Saving New Zealand since 1968.

"We are continually impressed by the incredible skills and bravery of surf lifeguards all over the country, and this rescue is another great example of the heroism they show in keeping us safe at the beach."

The Muriwai VLS will get \$500 worth of BP gift vouchers in recognition of the award-winning rescue.

SLSNZ, which represents 74 clubs and more than 18,000 members, suggests anyone seeing someone in trouble at the beach should let any lifeguards on patrol know immediately or call 111 and ask for police who have a direct line to emergency call-out squads and Coastguard NZ.

## A Smashing New Year

Out with the old and in with the new. Given the recent influx of residents to the Norwest, Mark Adcock from Smashing Promotions is wanting to encourage them to move their business dealings local as well with an offer of free artwork and design setup for all new clients in February.

Along with a range of super-duper specials available which will be ongoing and updated monthly at [www.smashingshop.smashingit.nz](http://www.smashingshop.smashingit.nz).

The plan is to make an offer too good to refuse, allowing them to not only save time and money but gain a sense of pride in actively supporting their Norwest community.

We have many avenues available supporting not-for-profits and sports groups with sponsorship opportunities.

More and more businesses are becoming aware of the ongoing goodwill that can be achieved by supporting local initiatives, let alone the personal sense of pride contributing to society that money can't buy.

Mark says this year he has a raft of new businesses keen to assist those in need, and he is also going to promote health messaging to the wider community at the same time.

Mark has also provided waka ama uniforms with Youthline messaging. Next are netball uniforms with breast cancer messaging, and vaccination messaging using the "be wise - immunise" slogan.

Mark says the slogan fits with the advent of the COVID-19 vaccine and anti-vaxxers spreading misinformation, as he wants to seed the need for all to get on board at this critical time and be vaccinated.

So many opportunities to reach out and make a difference are offered, with many more initiatives in the wind, says Mark.



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He and the Smashing Promotions team welcome your call and the opportunity to wow you. Contact [mark@smashingpromotions.nz](mailto:mark@smashingpromotions.nz), phone 09 412 6235.

## Fundraiser supports Special Olympics swim team

A 'Mini Book Fair' on February 13 and 14 in the Kumeu Community Centre will raise funds for the Special Olympics Seals swim team to compete in a swim series later this year.

The fair is supported by Huapai-Kumeu Lions and runs from 9am-4pm on the Saturday and 9am-2pm on the Sunday.

It will raise funds for the Seals swim team to travel to Samoa to compete in a series of ocean swims scheduled during August.

The Seals trio of Troy Rangi, Tate Pichon and Joshua Vegar, pictured, featured on television programme Seven Sharp in December and are under the umbrella of North Harbour Special Olympics.

They are extending themselves to competing in mainstream ocean swim events and have swum in events up to 7km so far, training regularly for up to around 20km a week in the pool and in the ocean.

Lions has provided great support and a book stall has been held at the Kumeu Markets at the Kumeu Showgrounds in recent months for the Seals, team manager Joanne Pichon says. Visit <https://bit.ly/3iA99xb> to see the Seals on Seven Sharp.



## Plastic recycling sorted

Upgrade to recycling facility keeps plastics out of landfill

New optical sorting equipment, installed in Auckland Council's Visy recycling facility, will keep more plastic recycling in New Zealand instead of relying on international markets, council has announced.

Auckland Mayor Phil Goff says, "Up to 35 per cent of Aucklanders' kerbside plastics are now forecasted to be recycled in New Zealand, helping to create a more sustainable, circular economy. As well as the environmental benefits, recycling is more cost-effective than sending material to landfill. The new equipment will also result in a

higher-quality product for use in New Zealand manufacturing."

Optical sorters work by using light and near-infrared technology to read the reflective signal from each object. Each plastic grade produces a different image or signal which identifies what it is made from. Air jets then direct that object into the correct grade stream for baling.

Rigid mixed plastics 3, 4, 6, and 7 containers, which are a very small quantity, will continue to be sent to landfill after they're sorted because they currently have no viable market for being recycled anywhere in the world. Manufacturers are strongly encouraged to stop using these hard to recycle plastic materials for grocery items. Overall, the Auckland Council recycling facility processes around 135,000 tonnes of kerbside recycling from Aucklanders each year.

## Be a tidy kiwi neighbour this summer

The nicer weather might be inspiring you and your neighbours to do a clean out. Summer is a popular time to move, so more people might be sorting their stuff now to prepare. But, whatever the motivation, it's never appropriate to leave unwanted items on the kerb or berm. This is illegal dumping.

There are better ways to find a new home for unwanted items instead of leaving them outside hoping someone will wander by and take them.

Here are some simple options for re-homing your stuff. Post a picture on your neighbourhood Facebook group. List the items for free on TradeMe or sell them. Clothing and linens can be put into a clothing bin. Visit or ring your local Op Shop, church, or community group to ask them if they're accepting items. Remember that whatever you donate needs to be in a condition suitable for re-sale. Check with your local animal shelter if they need newspaper, towels or blankets for their animals. They also accept used pet items and toys. Take the items to a Transfer Station or a Community Recycling Centre. Many items are accepted for free at these facilities. Order a bin service to take everything at once or ask your neighbours if they'd like to share a skip bin. Arrange for an appliance or electronic waste recycler to come pick up your items or drop them off for free to be recycled. Hold the items for your free on-property inorganic collection. Y

ou can sign up online or call 09 301 0101 to find out when we'll be in your neighbourhood.

Still stumped? You can search "get rid of unwanted items" at [www.aucklandcouncil.govt.nz](http://www.aucklandcouncil.govt.nz).

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